



# Reducing Trauma/Meeting Needs -Environments that Restore Mental Health

*Enlightened Justice: Advancing Treatment  
Academy of Architecture for Justice Conference  
November 2018*

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# Learning Objectives

1. Understand the needs of mentally ill persons in crisis, and how environments can affect the degree of trauma experienced.
2. Demonstrate the interactions of police, health professionals, judges, staff, and service providers and how they can combine their efforts to improve outcomes.
3. Review successful examples of system approaches to the care of the mentally ill in contact with the justice system.
4. Learn the principles that inform design of environments for the mentally ill in contact with the justice system.





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A wide-angle photograph of the New York City skyline as seen from across the water. The Freedom Tower is the most prominent building on the left side of the skyline. The sky is a clear, vibrant blue with some light, wispy clouds. The water in the foreground is dark blue with gentle ripples.

# Speakers

Elizabeth Ford, MD, *NYC Correctional Health Services*

Ruth O'Sullivan, *Brooklyn Mental Health Court*

Lauren D'Isselt, *Community Access Crisis Respite Center*

Amie Gross, AIA *Amie Gross Architects*

Frank Greene, FAIA *Moderator*

























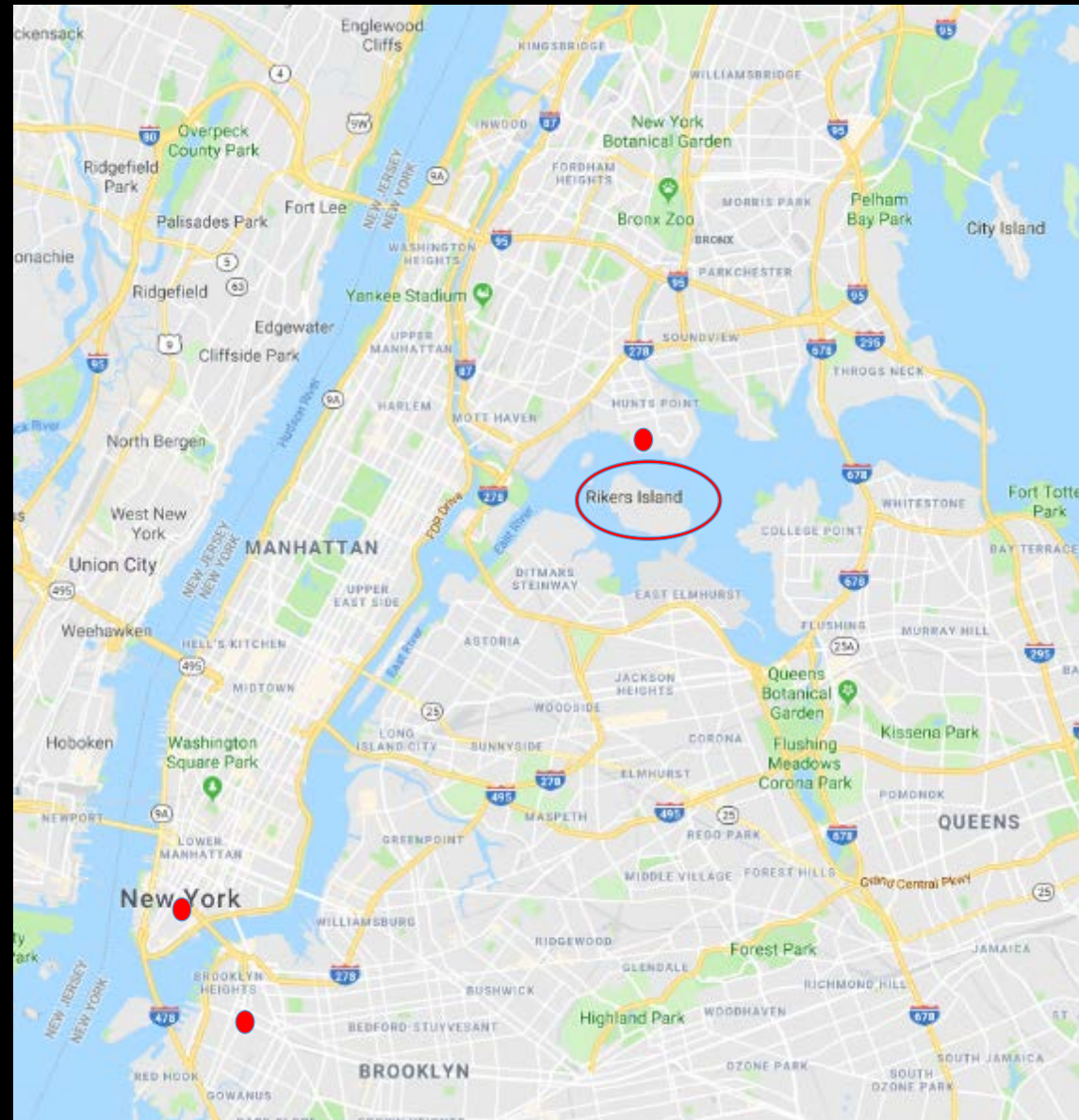






# The jail environment

- Forced communities
- High stress/uncertainty
- Restricted, unpredictable movement
- No privacy, limited confidentiality
- Lack of autonomy
- Jail within a jail (solitary confinement)
- Isolated from support





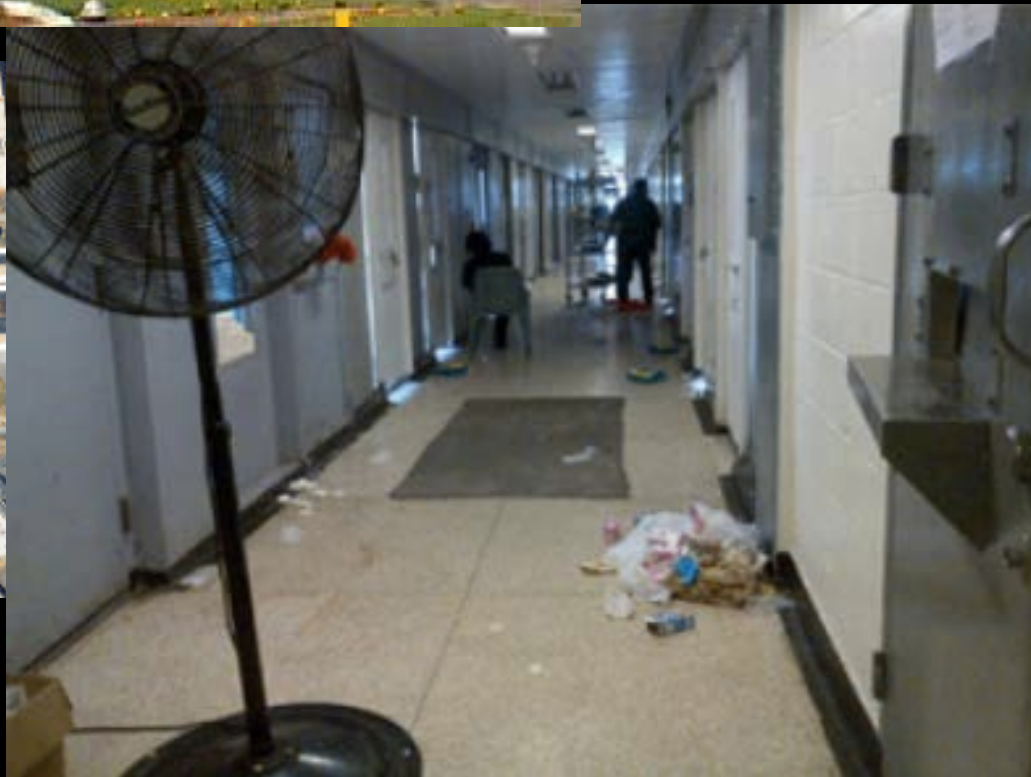




NY Correction  
History Society



New York Times, 2014



Grist online, 2016







ABC News



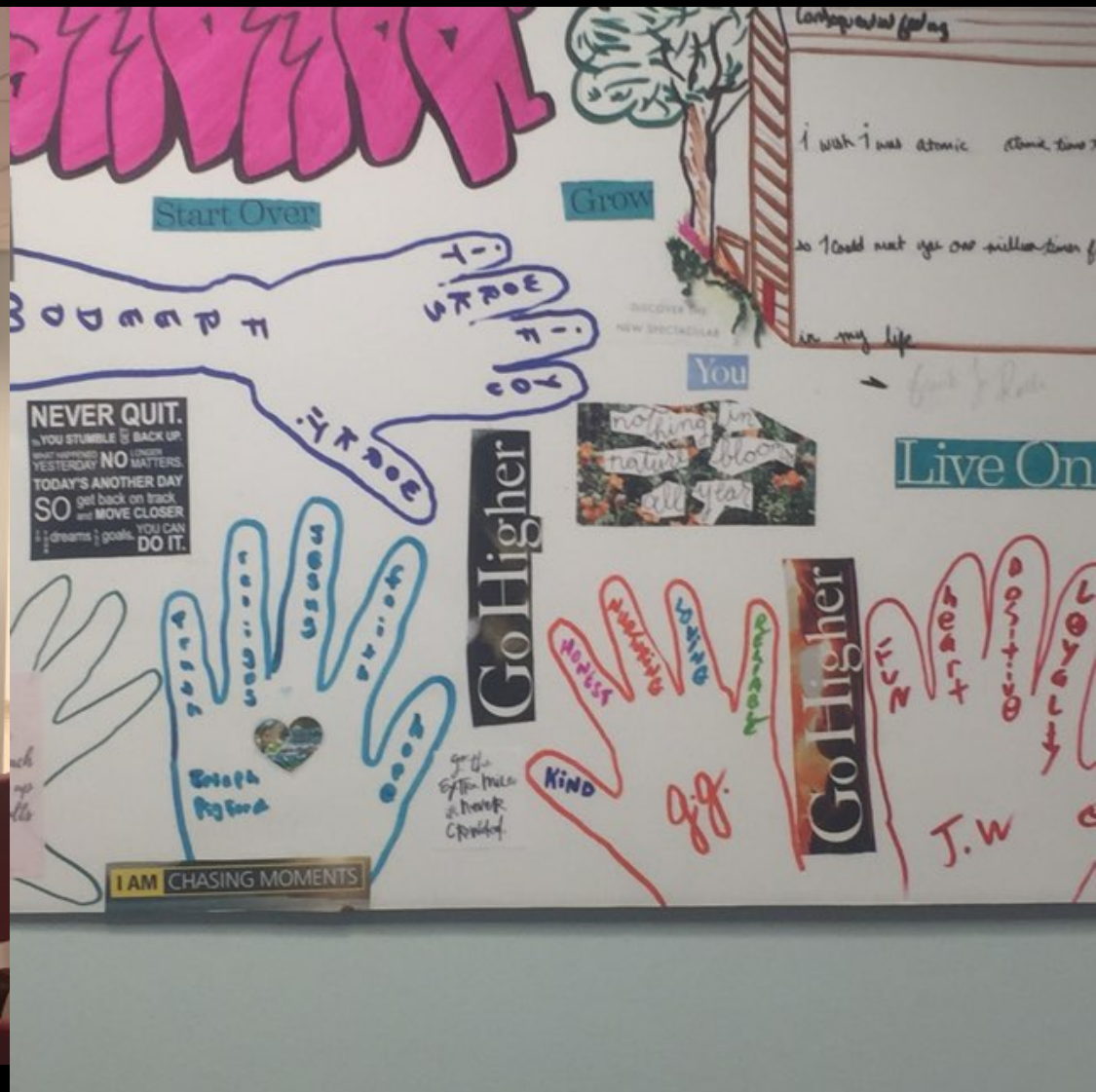




























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*NYC*  
**MENTAL  
HEALTH**  
FILM FESTIVAL  
**#MHFF2018**

10/13/2018

Village East Cinema



ONE DAY,  
GREAT FILMS,  
SPECIAL GUESTS  
+ DISCUSSIONS





The Keys to  
a Better Life.

Helping others and finding  
your passion.



Safe ground.

Overcoming trauma  
and reclaiming your life.

Varied Spaces:

comfort

choice

autonomy





meeting in small  
open spaces





**a variety of spaces to meet**





a workspace nook

using our surroundings,

incorporating health







homey little touches

**privacy where it matters**







a place to do your own  
laundry

cooking together...







**eating together...**



sharing together...

























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