



Align Mentoring Program Icebreakers!

Games to Play

1. Two truths and one lie

Everyone tries to guess the right answer, which leads to stories about past life experiences and facilitates engaging and enjoyable conversation.

2. Find 10 things in common

Task the groups with finding 10 things that all of them share in common (besides the obvious, e.g., that they are human).

3. Whodunit

Split into pairs.

Have each person write down something interesting they've done on a note card (e.g., skydiving, have lived in 10 different states, drank a gallon of milk in five minutes—get creative!)

Put the note cards into a hat, give it a nice shake, and have each person draw a note card they will then read aloud.

The reader must then try to guess "whodunit" and why they came to that conclusion.

4. The Hot Seat

The Hot Seat is a fun way of bringing everyone closer together and learning new things about one another.

Here's how it works: Select one person to sit on the hot seat. Everyone gets to ask one question (they can be about anything—from something entirely personal to a project that may have caused drama at the workplace).

Just make sure things don't get *too personal*.

5. Would You Rather

Is there a better way to get to know your colleagues than to ask them bizarre questions?

Would You Rather is a quick icebreaker activity that involves asking, you guessed it, questions that begin with the words "would you rather."

Give a person two scenarios and ask them to choose one of them. Make it more interesting by putting them in dilemmas.



Here are some ideas:

- Would you rather have the power to fly or to teleport?
- Would you erase all wars from history (without disrupting the current landscapes) or find a cure for cancer?
- Would you rather stop watching movies or stop listening to music?

Icebreaker Questions

General

- What's your earliest childhood memory?
- If you could time travel, would you go back in time to meet your ancestors, or forward in time to meet your descendants?
- Would you rather win an Olympic medal or a Nobel prize?
- What book do you own but have never read?
- What's something on your bucket list?
- What's your favorite animal?
- Would you rather listen to country or classical music?
- Have you ever been mistaken for someone famous?
- What's your cellphone wallpaper?
- If you had your own talk show, who would your first guest be?
- What's one place you have no interest in traveling to?
- What's your most irrational fear?
- What's one thing you're really bad at?
- What's your biggest pet peeve?
- What's one thing you'll never do again?
- If you could have any new skill instantly, what would you choose?
- Do you ever think your parents gave you the wrong name?
- If you could choose to remain an age forever, what age would you choose?
- If you could only have three apps on your phone, which would you choose?
- What breed of dog do you think you would be?
- What's the most spontaneous thing you've ever done?
- What's the last new thing you tried?
- What's an unusual skill you have?
- Would you like to be famous? What for?
- Have you ever won a contest?
- What would you do if you had an extra hour in the day?
- What's the last song you listened to?
- Do you believe in ghosts?
- If you had to spend \$10,000 today, how would you spend it?
- If you could go to outer space for free, as a tourist, would you do it?
- On an airplane, do you prefer the window or aisle seat?
- If you had to spend a day as a fish or a bird, which would you choose?



Funny

- If you had to swap your legs with the legs of any other animal, which animal would you choose?
- What's the strangest gift you've ever received?
- What's your favorite joke to tell?
- If you had to eat a crayon, what color would you choose?
- What's the worst idea you've ever had?
- How long do you think you'd last in a zombie apocalypse?
- Have you ever eaten an entire pizza by yourself?
- What's your biggest guilty pleasure?
- How do you feel about clowns?
- What's the worst haircut you've ever gotten?
- What's your favorite meme or viral video?
- What are you hilariously bad at?
- What's the weirdest food combination you enjoy?
- What assumption have you made that went very wrong?
- What's your favorite useless fact?
- What's the worst advice you've ever been given?