



## Align Mentoring Program Icebreakers!

### Games to Play

#### 1. Two truths and one lie

Everyone tries to guess the right answer, which leads to stories about past life experiences and facilitates engaging and enjoyable conversation.

#### 2. Find 10 things in common

Task the groups with finding 10 things that all of them share in common (besides the obvious, e.g., that they are human).

#### 3. Whodunit

Split into pairs.

Have each person write down something interesting they've done on a note card (e.g., skydiving, have lived in 10 different states, drank a gallon of milk in five minutes—get creative!)

Put the note cards into a hat, give it a nice shake, and have each person draw a note card they will then read aloud.

The reader must then try to guess "whodunit" and why they came to that conclusion.

#### 4. The Hot Seat

The Hot Seat is a fun way of bringing everyone closer together and learning new things about one another.

Here's how it works: Select one person to sit on the hot seat. Everyone gets to ask one question (they can be about anything—from something entirely personal to a project that may have caused drama at the workplace).

Just make sure things don't get *too personal*.

#### 5. Would You Rather

Is there a better way to get to know your colleagues than to ask them bizarre questions?

Would You Rather is a quick icebreaker activity that involves asking, you guessed it, questions that begin with the words "would you rather."

Give a person two scenarios and ask them to choose one of them. Make it more interesting by putting them in dilemmas.



Here are some ideas:

- Would you rather have the power to fly or to teleport?
- Would you erase all wars from history (without disrupting the current landscapes) or find a cure for cancer?
- Would you rather stop watching movies or stop listening to music?

## Icebreaker Questions

### General

- What's your earliest childhood memory?
- If you could time travel, would you go back in time to meet your ancestors, or forward in time to meet your descendants?
- Would you rather win an Olympic medal or a Nobel prize?
- What book do you own but have never read?
- What's something on your bucket list?
- What's your favorite animal?
- Would you rather listen to country or classical music?
- Have you ever been mistaken for someone famous?
- What's your cellphone wallpaper?
- If you had your own talk show, who would your first guest be?
- What's one place you have no interest in traveling to?
- What's your most irrational fear?
- What's one thing you're really bad at?
- What's your biggest pet peeve?
- What's one thing you'll never do again?
- If you could have any new skill instantly, what would you choose?
- Do you ever think your parents gave you the wrong name?
- If you could choose to remain an age forever, what age would you choose?
- If you could only have three apps on your phone, which would you choose?
- What breed of dog do you think you would be?
- What's the most spontaneous thing you've ever done?
- What's the last new thing you tried?
- What's an unusual skill you have?
- Would you like to be famous? What for?
- Have you ever won a contest?
- What would you do if you had an extra hour in the day?
- What's the last song you listened to?
- Do you believe in ghosts?
- If you had to spend \$10,000 today, how would you spend it?
- If you could go to outer space for free, as a tourist, would you do it?
- On an airplane, do you prefer the window or aisle seat?
- If you had to spend a day as a fish or a bird, which would you choose?



## Funny

- If you had to swap your legs with the legs of any other animal, which animal would you choose?
- What's the strangest gift you've ever received?
- What's your favorite joke to tell?
- If you had to eat a crayon, what color would you choose?
- What's the worst idea you've ever had?
- How long do you think you'd last in a zombie apocalypse?
- Have you ever eaten an entire pizza by yourself?
- What's your biggest guilty pleasure?
- How do you feel about clowns?
- What's the worst haircut you've ever gotten?
- What's your favorite meme or viral video?
- What are you hilariously bad at?
- What's the weirdest food combination you enjoy?
- What assumption have you made that went very wrong?
- What's your favorite useless fact?
- What's the worst advice you've ever been given?