

## Visitability in the U.S.

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December 2, 2013

ACSA/AIA Housing Research Lecture Series Webinar



#### In this Presentation ...

- The Housing Problem
- Levels of Access
- Visitability Concept and Features
- Cost of Visitability
- Policy Issues
- Anthropometry Research
- Best Practices



# **Changing Demographics**

- The number of people age 65+ will grow to almost 53.7 million by 2020, 70 million by 2030 and 85 million by 2050.
- Disability rates rise with age for both sexes.
- The U.S. Census estimates that about 19% of the U.S. population has some form of legally defined disability. 12.7% reported an activity-limiting disability
- 37% of those 65+ have some form of activitylimiting disability; the proportion rises to more than half for those 75 or older.



### **Housing Barriers**

- Over 23% (25.5 million) of U.S. households contain one or more people age 65+ (U.S. Census Bureau, 2006).
- Over one-million households that have a resident with a disability have unmet housing needs (Kochera, 2002).
- 25% of houses built today will have a resident with a severe long-term mobility impairment.
   When visitors with disabilities are included, the probability increases to 97% (Smith, Rayer, and Smith, 2008).
- Typical life of a new home is 75-100 years
- 71% of Americans live in single-family homes



### General Approach in U.S.

- Government Funding
  - 5% Rule Fully Accessible Multi- and Single- Family Housing
  - Some localities extend to larger percentage
- Fair Housing Law
  - Ground floor units in Multi-family walk-ups
- Privately Funded
  - Fair Housing Law for Multi-family units all units must meet type B requirements if elevator equipped, first floor if no elevator
  - No laws covering private single family except ...
  - Some localities have visitability (Type C) or other requirements.



# **High Cost of No Access**

- Social isolation
- Premature institutionalization
- Compromised health and safety
- Stress

# **Inclusive Housing Levels of Access**



# **Lifespan Housing**

- Lifespan Housing features that support aging-inplace:
  - No steps on paths and at all entries
  - UD appliances, cabinetry and fixtures
  - Good lighting throughout the house including task lighting
  - Elevator
  - Lifeline system
  - Video intercom



#### **Home Modifications**

 Customized adaptations to meet specific individual needs and to reduce caregiver burden



# **Adaptable Housing**

Adaptable housing is housing at a lower level of access (such as visitability) that has the ability to easily reach a higher level of accessibility

# **Visitability**



## **Visitability**

- Fills the gap in access laws (1-3 family homes)
- Seven key features
  - Step-less entry (front, side, rear of home) with low thresholds throughout
  - Wider doorways (32 inches)
  - Wider hallway clearances (36 inches)
  - At least one accessible half bath on first floor
  - At least one food preparation area on the ground floor
  - Reinforcement in walls next to toilets for future installation of grab bars
  - Environmental controls at wheelchair reach height

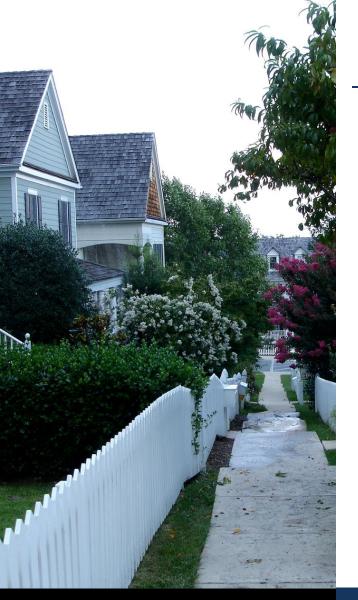


# **Visitability**

Total Number of Initiatives	Number of Mandatory Ordinances	Number of Voluntary Programs
57	33	24
Location	Numk	per of Homes Built
Pima County, AZ	15,00	00
San Antonio, TX	7,000	)
Bolingbrook, IL	3,500	)

# Total number of visitable homes due to mandatory initiatives: **30,000+**

(Maisel, Smith & Steinfeld, 2008)



## **Mandatory Policies**

- Visitability policies
  - HR 1408, Inclusive Home Design Act (IHDA)
  - NYS Visitability bill (S.8150/A.9409) passed by Senate.
- ICC ANSI A117 Type C Units
  - National consensus standard referenced by many building codes in the U.S.
  - Recently developed consensus-based technical standards for visitability features
  - The standard can be referenced by visitability laws and programs, thus promoting uniformity in applications and aiding in their interpretation



### **Voluntary Policies**

- Incentive/certification visitability programs
  - Illinois Accessible Housing Demonstration Grant Program Act (1999)
    - \$5,000 to builders who construct at least 10% of homes in a development with visitability features
  - Irvine, CA (2000)
    - "Universal Design Features List of Options"
  - Montgomery County, MD (2006)
    - "Design for Life Montgomery" –visit-ability and live-ability
- LEED-ND
  - Developed by the U.S. Green Building Council
  - First national standard for certifying high-performance green buildings for neighborhood design and includes a credit for "universal accessibility"



## **Potential Barriers to Visitability**

#### Homebuilders' Perspective

- Typically support voluntary initiatives
- "Respond to market demands"/private matter
- Increases construction costs, impacting affordability
- Site constraints prevent blanket regulation for zero-step entry

#### Advocates' Perspective

- Consumers' lack of awareness to demand visitability
- Builders both shape and respond to market.
- Homes are not entirely a private matter (e.g. smoke detectors).
- No impact on marketability, aesthetics, and limited costs.
- Exemption provisions in all known existing and proposed laws.



#### **Cost of Basic Access**

	New Construction	Retrofitting
Zero-Step Entrance	\$150	\$1,000
Widen Interior Doors	\$50	\$700
Total Cost	\$200	\$1,700

Sources: Concrete Change and IDeA Center based on experience of three Habitat chapters, the City of Austin, and discussions with contractors



#### **Cost of Basic Access**

#### Cost and availability of doors:

Method - simulation of order for 120 doors from local millwork suppliers, 30 each in four different sizes

City	In Stock?	2-8 Cost (32")	2-10 Cost (34")	3-0 Cost (36")
Boston, MA	Yes	\$70.45	\$72.95	\$72.95
Chicago, IL	Yes	\$58.46	\$59.98	\$63.36
San Diego, CA	Yes	\$73.13	\$74.29	\$76.50
Portland, OR	Yes	\$68.83	\$69.93	\$72.53
Dallas, TX	Yes	\$56.63	\$56.89	\$59.35

Single pre-hung doors, six panels, no casing, hollow core, dull brass hinges Source: IDeA Center



#### **Cost of Basic Access - Research**

Schroeder, Steinfeld, et al.(1979), The Cost of Accessibility, HUD

- Studied 9 inaccessible buildings including one MF and one SF house.
- Detailed itemized cost comparison with redesigned versions that complied with ANSI A117.1 (1980).
- Many more features than basic home access
- Cost of access was less than 1% of new construction in all types of buildings.



#### Cost of Basic Access - Research

Steven Winter Associates. (1993). The Cost of Accessible Housing, HUD

- Studied 8 developments around the country.
- Redesigned sites and units (25 different unit types) using ANSI A117.1 (1986) and Fair Housing Accessibility Guidelines.
- Many more features than basic home access.
- Cost data provided by the developers themselves.
- Access features were less than 1% of new construction costs.
- Total cost of access features was .07% .87% with an average of .63% of new construction .
- Site costs were the major difference.

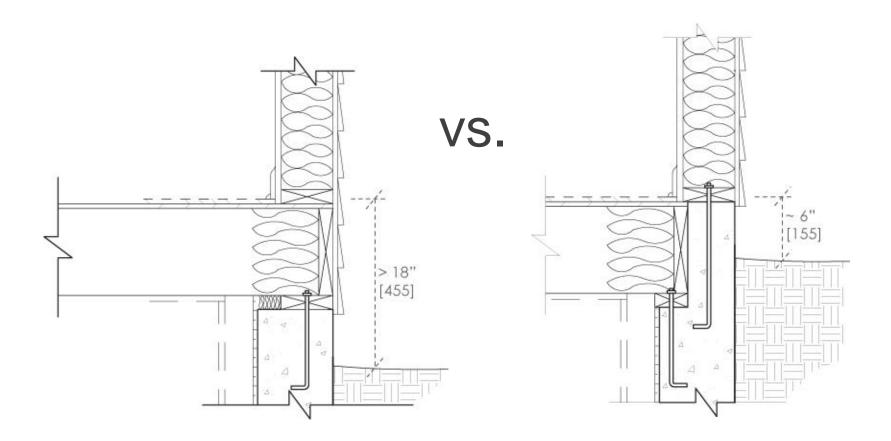
# **Design Strategies**



# **Entry**

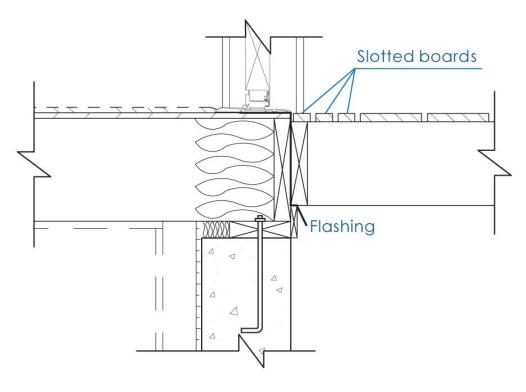
- Usually achievable with grading no additional costs unless retaining wall is needed
- Ramps work with topography to reduce ramp length
- Alternative construction methods to lower the first floor level—(e.g. Reverse brick ledge)

# **Entry**





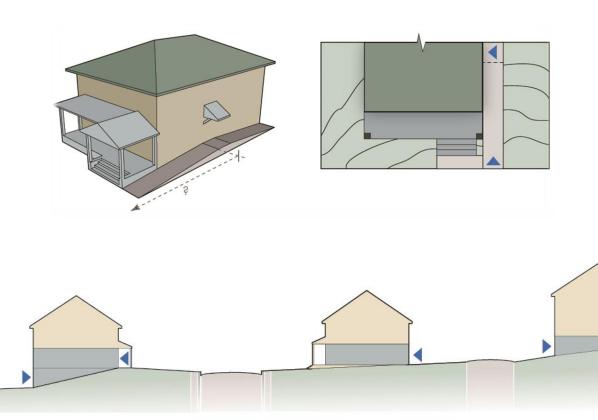
# **Entry**



Low-threshold door to porch or deck



# Grade



#### **Best Practices**





Memphis Hope VI project, Photo, Torti Gallas

#### **Best Practices**





Habitat for Humanity- Atlanta, GA

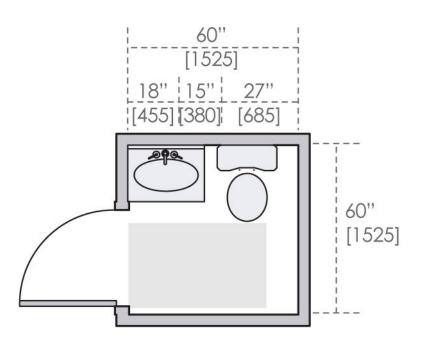
#### **Best Practices**





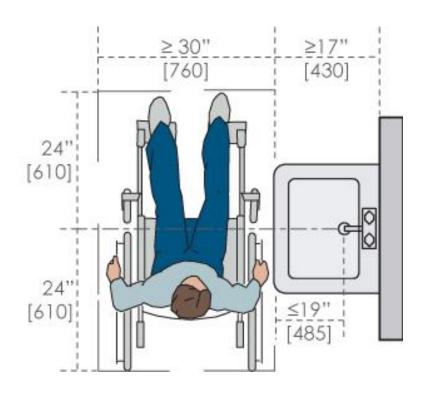
Infill housing in historic district—Atlanta, GA

#### **Visitable Half-Bath**



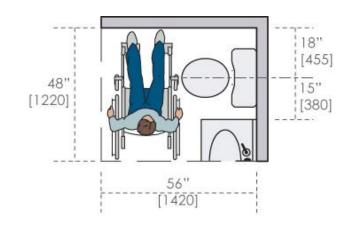
- Satisfies visitability requirements
- Minimal space necessary
- Toilet dimension is critical
- Door must open outward
- Special hardware may be needed to close door once inside

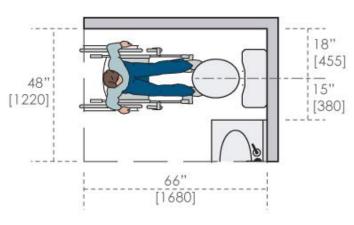
## **Visitable Lavatory**



- Parallel approach
- Requires reaching sideways
- Difficult if only use of one hand
- Visitable and Fair Housing unit acceptable

#### **Visitable Toilets**

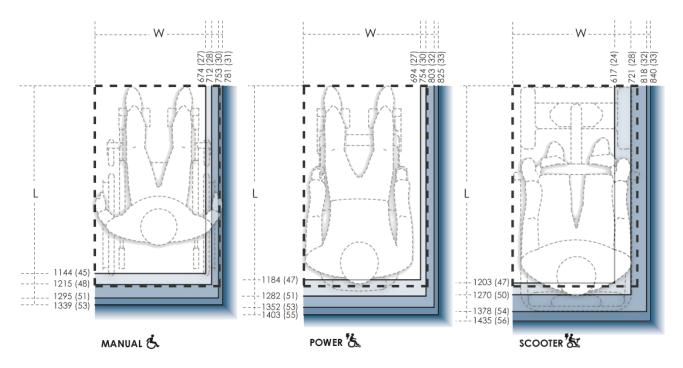




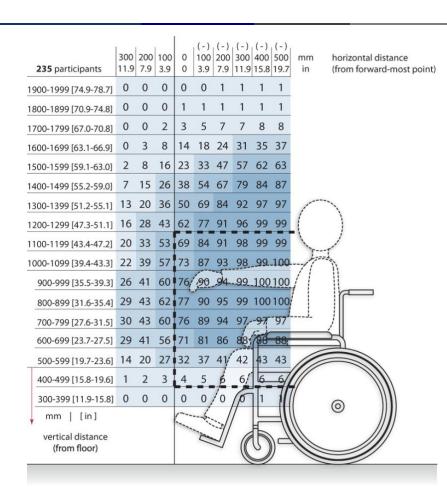
- Parallel Approach (top) occupies least amount of space but means greater transfer distance
- Forward Approach (bottom) requires standing and completing a 180degree turn

#### Research

- Length & width of device & occupant while seated comfortably for long durations
- About 25% manual chair, almost 50% and scooter users exceed dimensions
  - Greater number of exclusions due to occupied length



- Reach charts
  - Data for manual chair users
- Manual wheelchair users
  - 85% had some reach capability
  - 77% could reach beyond toes
  - Greater % at closer distances
  - Need to provide foot and knee clearance space
- Differences based on device type
  - Power chair users had more severe disability, reduced strength, and reduced range of motion
  - Scooter users had to reach beyond steering column



- Differences based on device type
  - Improved reach when sideways vs. forward
  - Reach capability drops beyond 16 inches (400 mm)
  - 24 inch (610 mm) maximum permissible reach distance is too restrictive.

235 participants	1107/1111110	1000					300 11.9		100	0	-100 -3.9	mm in	horizontal distance (from chair edge)
1900-1999 [74.9-78.7]	0	0	0	0	0	0	1	1	1	1	1		
1800-1899 [70.9-74.8]	0	0	0	0	0	1	1	1	1	1	1		
1700-1799 [67.0-70.8]	0	0	0	0	1	1	4	5	6	6	6		
1600-1699 [63.1-66.9]	0	0	0	1	3	12	22	29	36	38	38		
1500-1599 [59.1-63.0]	0	0	1	4	11	22	36	53	62	64	64		
1400-1499 [55.2-59.0]	0	0	2	9	20	32	59	80	86	87	87		
1300-1399 [51.2-55.1]	0	1	5	14	28	49	86	94	96	97	97	1	
1200-1299 [47.3-51.1]	0	3	8	18	36	65	92	97	98	99	99	1_	)
1100-1199 [43.4-47.2]	0	3	11	25	46	78	95	98	98	99	99	1	
1000-1099 [39.4-43.3]	1	3	11	28	53	85	96	98	99	99	99		
900-999 [35.5-39.3]	1	5	14	32	57	85	96	99	99	99	199		λ /
800-899 [31.6-35.4]	1	5	14	36	58	84	95	99	99	99	99		$A \setminus$
700-799 [27.6-31.5]	1	5	14	36	58	82	95	98	98	98	98		I,II
600-699 [23.7-27.5]	1	6	14	31	50,	73	87	90	90	91	PI		4
500-599 [19.7-23.6]	0	3	7	17	27	36	43	47	47	119	48	)	( )  rm
400-499 [15.8-19.6]	0	0	0	1	3	4	7	9	9	Э	9		-1 FIII
300-399 [11.9-15.7]	0	0	0	0	0	0	0	0	0	b	О		
mm   [in]													
vertical distance (from floor)											14		

#### Accessible Pathway & Corridor

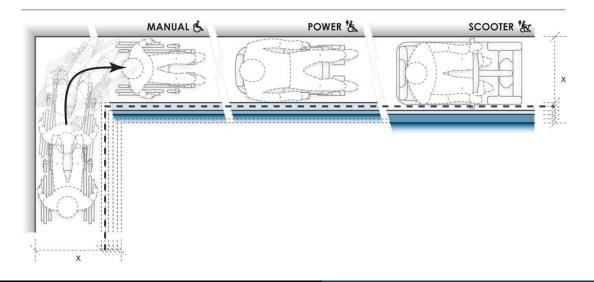
Design Guidelines for People Using Wheeled Mobility Devices

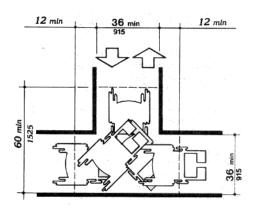
#### MINIMUM CLEAR WIDTH REQUIRED FOR 90-DEGREE TURN



		pace dimension, uni	
	MANUAL &	POWER 5	SCOOTER &
	199 participants	150 participants	19 participants
<del></del>	85 (33)	85 (33)	95 (37)
<b>—</b> 75%	95 (37)	95 (37)	100 (39)
90%	100 (39)		100 (39)
2000			20 200 A 000 A
<del></del>		17 BIG MI 6	110 (43)*
			199 participants     150 participants       50%     85 (33)     85 (33)       75%     95 (37)     95 (37)       90%     100 (39)     100 (39)







- 36" width accommodated fewer than:
  - 75% MWC users
  - 75% PWC users
  - 50% scooter users

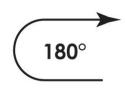
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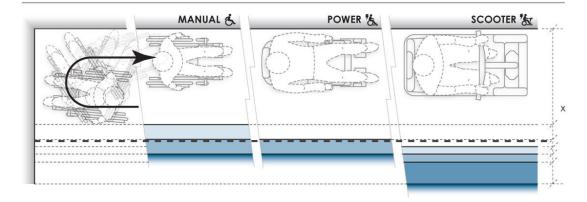
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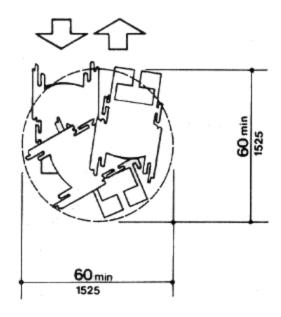
#### MINIMUM CLEAR WIDTH REQUIRED FOR 180-DEGREE TURN

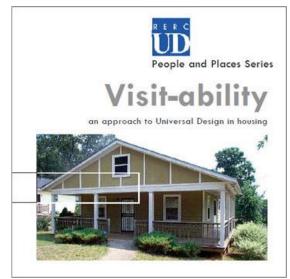


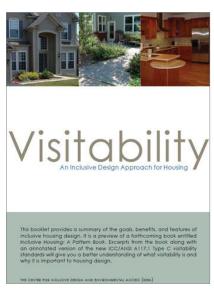
(fixed wall)		MANUAL &	POWER 🐍	SCOOTER &
< 50%		198 participants	140 participants	16 participants
	<del></del>	130 (51)	150 (59)	160 (63)
≥ 50% & < 75%	<del></del>	150 (59)	150 (59)	170 (67)
≥ 75% & < 90%	<del></del>	170 (67)	170 (67)	182 (72)
≥ 90% & < 95%	95%	170 (67)	170 (67)	210 (83)*

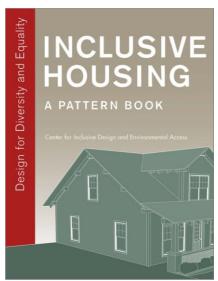


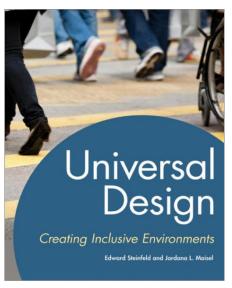












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