

Academy of Architecture for Health On-line Professional Development

The 2018 *Guidelines*: **How to Use and Major Updates** **Health Care 101 Series**

10 July 2018

2:00 pm – 3:00 pm ET

1:00 pm – 2:00 pm CT

12:00 am – 1:00 pm MT

11:00 am – 12:00 pm PT

Presenter

**Douglas Erickson, FASHE, CHFM, HFDP, CHC
CEO, Facility Guidelines Institute (FGI)**

Moderator

Gregg D. Ostrow, AIA

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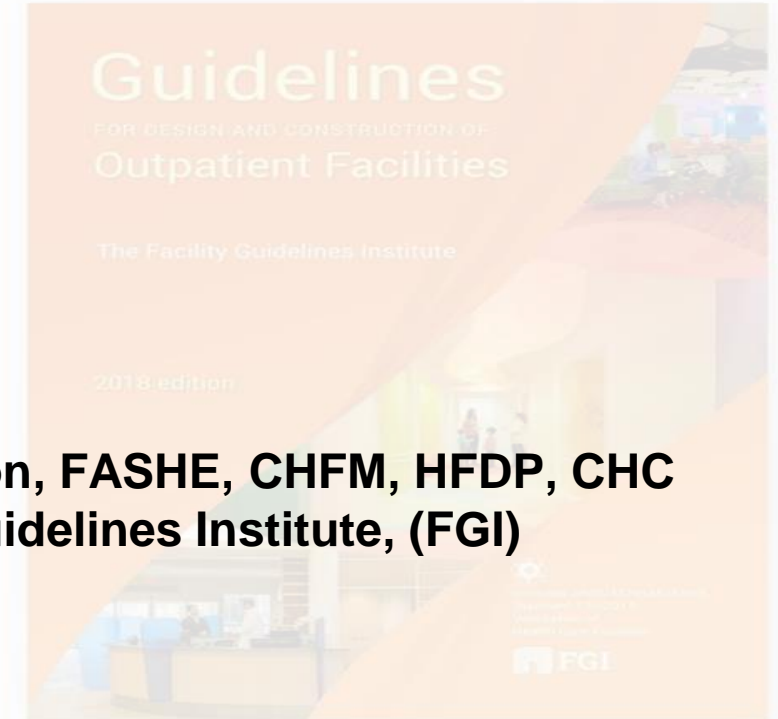


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Health Care 101 Series

The Academy's multi-channel on-line approach provides emerging professionals, journeymen, and master professionals with convenient and economical opportunities to develop their chosen area of interest.

The HC 101 Series sessions are tailored to provide budding healthcare design professionals with conceptual and practical primer-level knowledge.

Series topics include: Master planning; Programming; Ambulatory care; Clinical support services; Emergency; ICI-acute care; Imaging; Long-term care; Maternal care; Mental health; Surgery.

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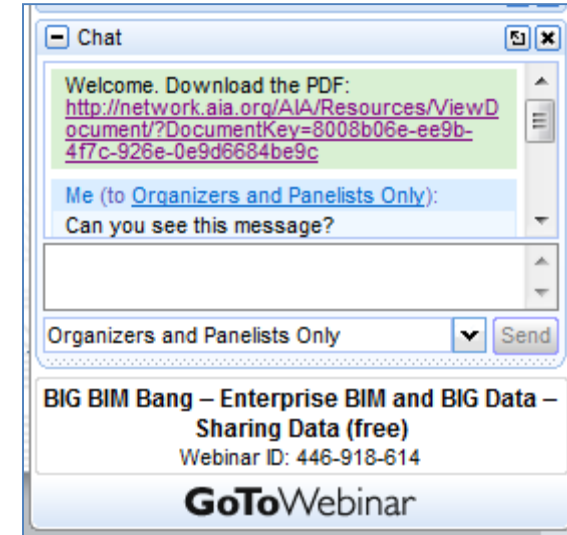
Questions?

Submit a question to the moderator via the chat box.



Content-related questions will be answered during the Q&A portion at the end as time allows.

Tech support questions will be answered by AIA staff promptly.



The 2018 *Guidelines*: How to Use and Major Updates

Presenter



**Doug Erickson, FASHE, CHFM,
HFDP, CHC**
CEO, Facility Guidelines Institute (FGI)
Chair of the 2010, 2014, and 2018
editions

Moderator



Gregg D. Ostrow, AIA



The views and opinions expressed in this presentation are the opinion of the speaker and may not be the official position of FGI or the Health Guidelines Revision Committee.

Presentation overview

Introduction to the Facility Guidelines Institute (FGI) and the *Guidelines for Design and Construction* documents

- Who are we?
- What do we do?
- FGI process
- How are FGI's standards applied?
- How to apply the *Guidelines*
- Brief update on the 2018 changes

Who is FGI?

History



- Minimum construction requirements, 1947–84
 - First published in 1947 to support the Hill-Burton Act
 - Turned over to the public sector in 1985 and called the *Guidelines* ever since
- Published by AIA from 1987 – 2006
- Published by ASHE from 2010 – 2014
- Since 2001:
 - The Facility Guidelines Institute (FGI) holds the copyright in the *Guidelines* documents.
 - FGI is responsible for development of the content of the *Guidelines* documents.
- FGI became publisher in 2018

Consumer Reports



Who is FGI?

We view ourselves as the *Consumer Reports* of the health care physical environment.

We have a similar view and mission...

Consumer Reports is an **expert, independent, nonprofit** organization whose mission is to work for a fair, just marketplace for all consumers and to empower consumers to protect themselves.

Who is FGI?

Past major issues...and innovations



- Functional program
- Safety risk assessment
- Single-bed room
- Infection control (hand-washing, surfaces, etc.)
- Acoustics
- Medication safety zones
- Patient handling and movement
- Critical access hospitals
- Person-centered care

What do we do?

Set fundamental standards for **program, space, and equipment** for:

- Hospitals
- Nursing Homes
- Outpatient Facilities
- Rehabilitation Facilities
- Psychiatric Hospitals and OP Facilities
- Mobile and Relocatable Units
- Long-term Care Facilities

Referenced by TJC, PHS, IHS, HUD 242 hospital mortgages & **more than 40 states** for licensure or accreditation of health care facilities requiring clinic licensure

Referenced in more than **60 countries**

Guidelines purpose and use



What do we do?



National committee of experts



What do we do?

Participating organizations



- ACHA
- AIA/AAH
- ASHE
- ACHE
- AHRQ
- ARON
- ASHRAE
- ACS
- CHD
- NIH
- CDC
- TJC
- CMS

What do we do?

HGRC: a multidisciplinary committee

20% - Architects

18% - Medical professionals

16% - State AHJs

13% - Engineers

10% - HC administrators/HC org. reps

8% - Federal AHJs (IHS, CMS, HUD, VA)

7% - Infection control experts + NIH/CDC

4% - Construction professionals

4% - Interior designers

The role of the *Guidelines*

- As a consensus-based **fundamental** standard, the *Guidelines* promotes a level of building performance that will not detrimentally affect the health and safety of patients and staff when buildings are operated as designed.
- The FGI *Guidelines* provides baseline design and construction **requirements** for health care facilities that (1) recognize the mission of health care, including “first, do no harm,” and (2) consider how the built environment supports safe, effective, and efficient health care delivery.

FGI process

Consensus-based process for *Guidelines* development utilizing:

- Collective **multi-disciplinary** experience
- Professional stakeholder consensus including many AHJs (**no manufacturers**)
- **Public review** process
- Clinical & evidence-based research
- Continual improvement process
- Every new edition of the FGI *Guidelines* is different and an “evolution” from previous editions

Multiple editions of the *Guidelines* are currently in use.

Overview of the revision process

- Publication of 2018 edition fundamental documents
- Manuscripts approved by the HGRC and the Steering Committee and published in digital and print formats
- Development of “beyond fundamentals”
- Items identified during the revision process as “beyond fundamental” are being developed and published at this time.



Overview of the revision process

HGRC topic groups

- Working groups review topics identified by the Steering Committee – includes outside subject matter experts
- The goal is to determine how each topic is addressed across all the FGI *Guidelines* documents:
 - Hospitals
 - Outpatient facilities
 - Residential health, care, and support facilities

FGI process

Why the *Guidelines* are special

Why do people use the *Guidelines*?

- *Guidelines* requirements are considered:
 - **Fundamental** (reflect the “standard of care”)
 - **Non-biased** (multidisciplinary development)
- Vendors and manufacturers have no direct influence on the final vote.
- FGI is a credible source of up-to-date information.
- The *Guidelines* revision process is increasingly research-informed, striving for the most objective and universal standards.



How are the *Guidelines* being applied?

Current use

The *Guidelines* documents are used by the design industry as a reference for planning and design of health care and residential health, care, and support facility projects.

They are adopted or referred to by authorities having jurisdiction that regulate facility construction:

- State departments of health
- The Joint Commission
- Federal agencies such as the Bureau of Indian Affairs, the Veterans Administration, the Army Corps of Engineers, the Public Health Service
- DNV GL

How are the *Guidelines* being applied?

Use of the *Guidelines* varies

- Used by public and private entities
- Adopted by reference or used as a reference document without adoption
- Adopted as a regulatory requirement (in full or in part)
- States can/do modify in state-generated document(s)
- Sometimes a requirement of lending institutions
- Helps to strengthen & standardize the fundamentals of patient-centered health care facility design & construction worldwide

How are the *Guidelines* being applied?

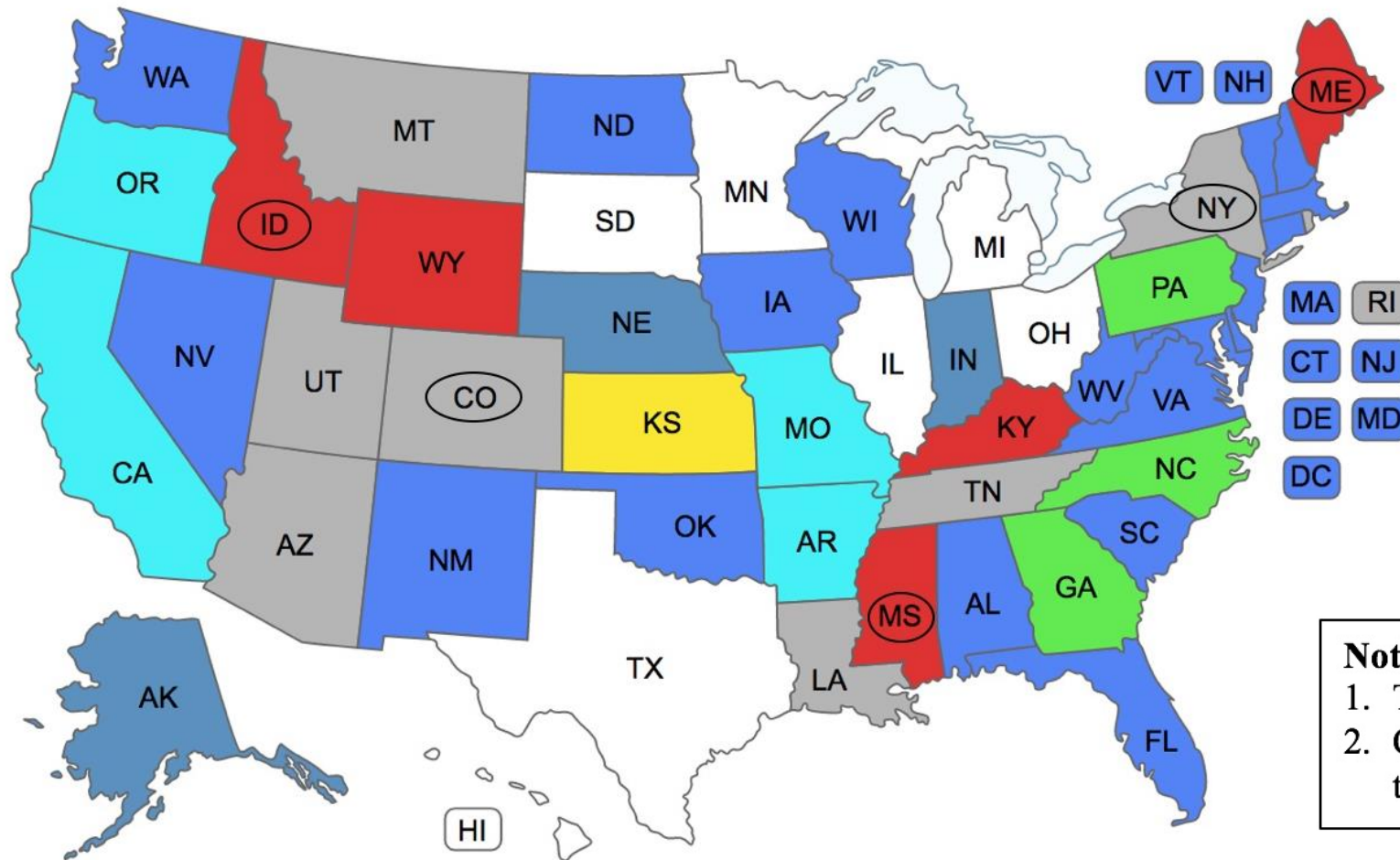
Guidelines limitations

The *Guidelines* recommendations do not become a regulatory document until formally adopted as law by a governing entity.

Compliance with the *Guidelines* recommendations does not guarantee that a project will meet all the additional needs of a health care organization.



Guidelines adoption map



KEY

2018	Green
2014	Blue
2010	Grey
2006	Red
2001	Light Blue
1996-97	Yellow
Equivalency*	Cyan

*Guidelines may be applied as an equivalency to state rules.

Notes

1. This map shows adoption for hospitals.
2. Circled states permit use of a newer edition than that shown in some cases.

How to apply the *Guidelines*

Minimum is difficult to define

The *Guidelines* documents are considered to be a series of minimum, or fundamental, consensus requirements for the design and construction of new or renovated health care facilities.

- Risk of being too minimal (creates opportunity for harm)
- Consider risk/benefit for new minimum
- The minimum benchmark changes over time
- Cost is a reality in determining minimum standards





How to apply the *Guidelines*

Minimum is difficult to define

2014 edition: First-cost impact review

- HGRC Cost-Benefit Committee in conjunction with ASHE
- Review of Hospital/Outpatient document to identify the **first cost** impact of implementing the 2014 edition (*approx. 2% increase in first cost with no credits for cost reductions*)

2018 edition: Benefit-cost impact review

- **Every 2018 proposal for change was reviewed** by the HGRC for clinical and operational benefit. The Benefit-Cost Committee also reviewed for benefit, first cost, and life cycle cost of major changes.

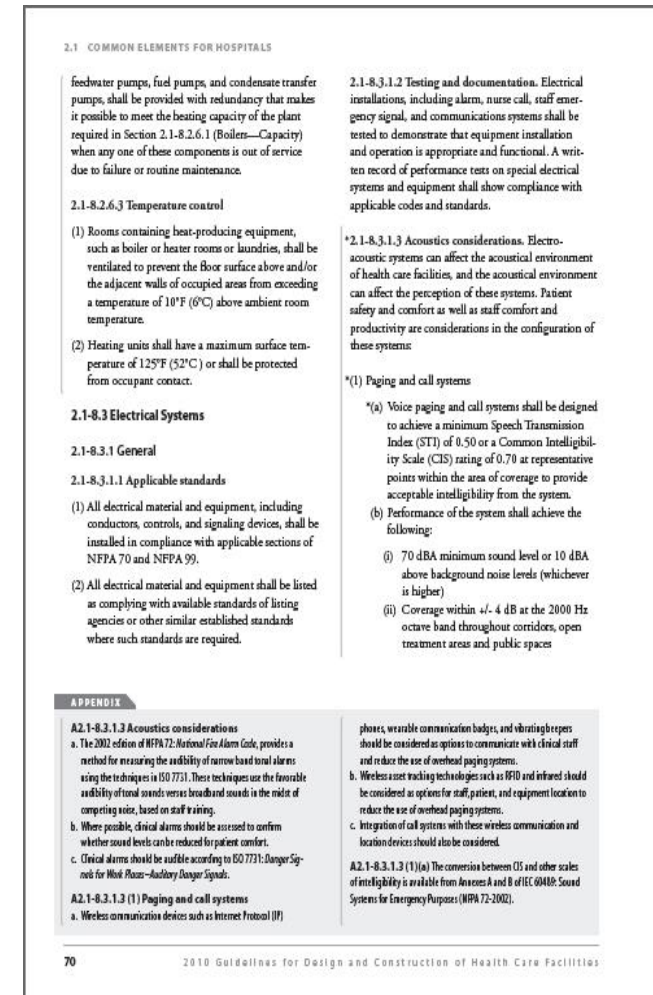
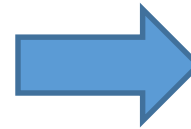
How to apply the *Guidelines*

Appendix often references other documents

The Appendix is located at the bottom of each page in a shaded box.

The Appendix is **not** considered to be part of the document that is adopted as code.

It functions as a reference and educational tool that discusses concepts that are “beyond minimum” standards and also provides clarification information.



How to apply the *Guidelines*

Layout of 2018 Hospital *Guidelines*

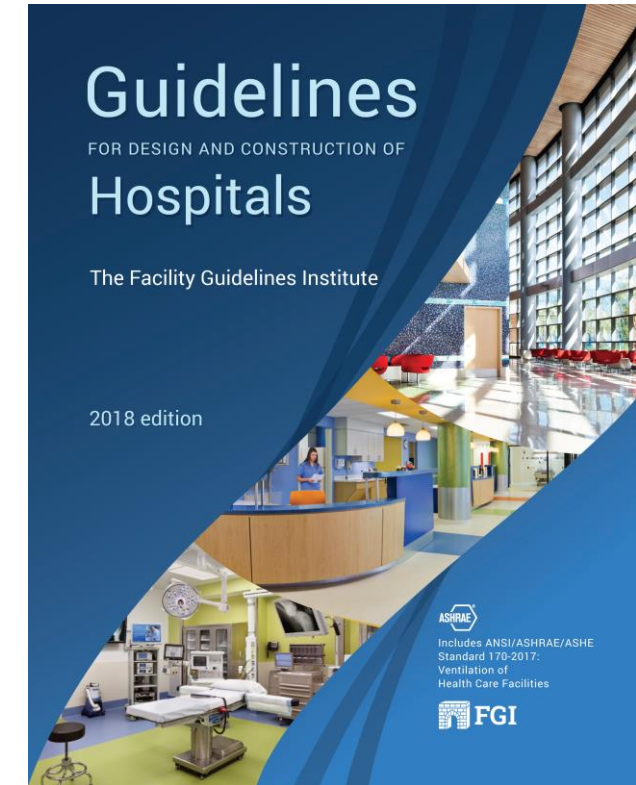
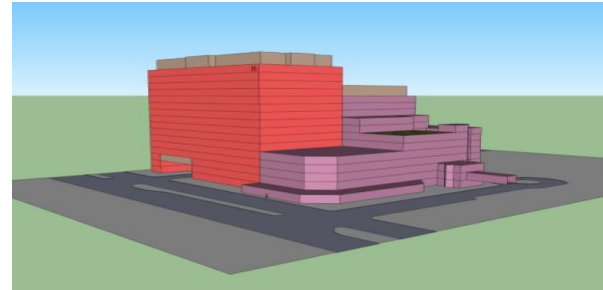
Opening Section

- Acknowledgements
- Major Additions and Revisions
- Glossary of Terms

Part 1: General

Chapter 1.1, Introduction

- Use of the *Guidelines*
- Government Regulations
- Building Codes and Standards
- Equivalency Concepts



How to apply the *Guidelines*

Layout of 2018 Hospital *Guidelines*

Chapter 1.2, Planning, Design, Construction (PDC) and Commissioning

Functional Program

- Owner driven
- Completed during planning stage
- Updated as the project is designed and constructed

Space Program

Safety Risk Assessment

- Infection Control
- Patient Handling and Movement
- Fall Prevention
- Medication Safety
- Behavioral and Mental Health
- Patient Immobility
- Security



How to apply the *Guidelines*

Layout of 2018 Hospital *Guidelines*

Chapter 1.2, PDC and Commissioning

Environment of Care Requirements

- Delivery of Care Model Concepts
- Physical Environment Elements

Planning and Design Considerations

- Acoustic Design
- Sustainable Design
- Wayfinding
- Design Accommodations for Patients of Size
- Emergency Preparedness and Management

Renovation

Commissioning



How to apply the *Guidelines*

Layout of 2018 Hospital *Guidelines*

Chapter 1.3, Site

Location

Site Features

Chapter 1.4, Equipment Requirements

Classification

Space



How to apply the *Guidelines*

Layout of 2018 Hospital *Guidelines*

Part 2: Hospital Facility Types

Chapter 2.1, Common Elements for Hospitals

Specific Requirements for:

Chapter 2.2, General Hospitals

Chapter 2.3, Freestanding Emergency Care Facilities

Chapter 2.4, Critical Access Hospitals

Chapter 2.5, Psychiatric Hospitals

Chapter 2.6, Rehabilitation Hospitals

Chapter 2.7, Children's Hospitals

Chapter 2.8, Mobile/Transportable Medical Units



How to apply the *Guidelines*

Layout of 2018 Outpatient *Guidelines*

Chapter 2.1, Common Elements for Outpatient Facilities

Specific Requirements for:

Chapter 2.2, General and Specialty Medical Services Facilities

Chapter 2.3, Outpatient Imaging Facilities

Chapter 2.4, Birth Centers

Chapter 2.5, Urgent Care Centers

Chapter 2.6, Infusion Centers

Chapter 2.7, Outpatient Surgery Facilities

Chapter 2.8, Freestanding Emergency Care Facilities



How to apply the *Guidelines*

Layout of 2018 Outpatient *Guidelines*

Specific Requirements for:

Chapter 2.9, **Endoscopy Facilities**

Chapter 2.10, **Renal Dialysis Centers**

Chapter 2.11, **Outpatient Psychiatric Centers**

Chapter 2.12, **Outpatient Rehabilitation Therapy Facilities**

Chapter 2.13, **Mobile/Transportable Medical Units**

Chapter 2.14, **Dental Facilities**



How to apply the *Guidelines*

Layout of 2018 Residential *Guidelines*

Part 2: Common Elements for Residential Health, Care, and Support Facilities

Part 3: Residential Health Facilities

Specific Requirements for:

Chapter 3.1, Nursing Homes

Chapter 3.2, Hospice Facilities



Photo by [Elieen Dumon](#) on [Unsplash](#)

How to apply the *Guidelines*

Layout of 2018 Residential *Guidelines*

Part 4: Residential Care and Support Facilities

Specific Requirements for:

Chapter 4.1, **Assisted Living Facilities**

Chapter 4.2, **Independent Living Settings**

Chapter 4.3, **Long-Term Residential Substance Abuse Treatment Facilities**

Chapter 4.4, **Settings for Individuals with Intellectual and/or Developmental Disabilities**



Part 5: Non-Residential Support Facilities

Specific Requirements for:

Chapter 5.1, **Adult Day Care and Adult Day Health Care Facilities**

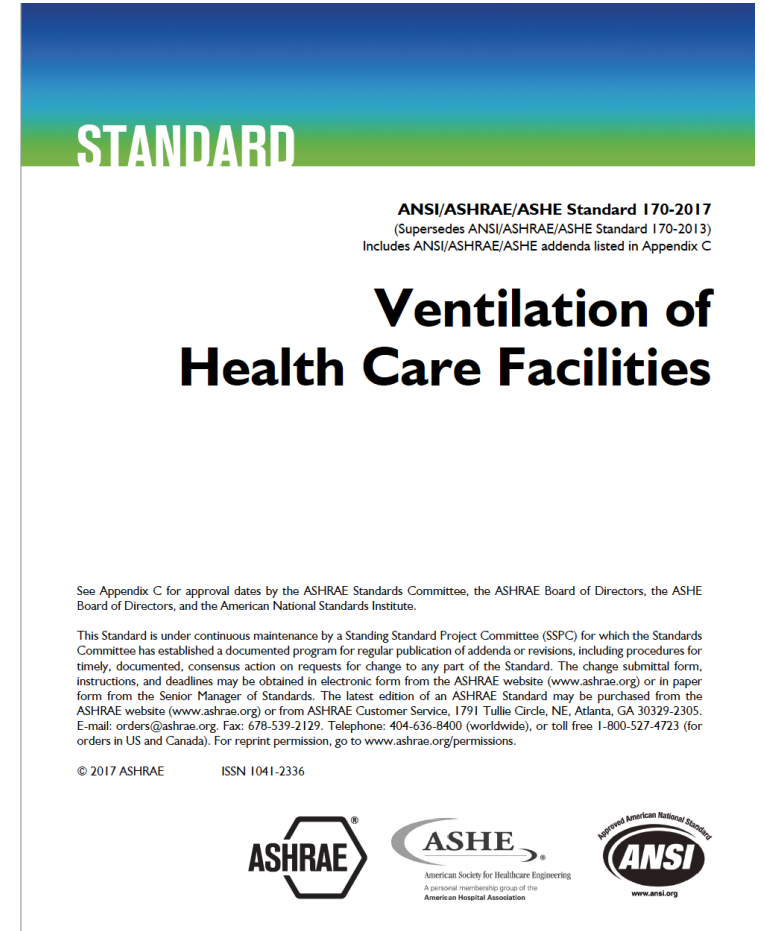
Chapter 5.2, **Wellness Centers**

Chapter 5.3, **Outpatient Rehabilitation Therapy Facilities**

How to apply the *Guidelines*

Hospital and outpatient ventilation requirements

This section is a reprint of the 2017 ASHRAE Standard 170. FGI and ASHRAE have a partnership to work on the content together and to publish Standard 170 as a part of the *Guidelines*.



Major updates and hot topics

- Design/clearances to accommodate patients of size
- Pre- and post-procedure patient care areas – flexibility to combine areas and correct ratios when doing so
- Procedure and operating room sizes that reflect space requirements for anesthesia team and equipment
- Classification system for imaging rooms
- Guidance for when exam/treatment, procedure, and operating rooms are needed
 - Clearances and spatial relationships
 - Locations for procedure types

Major updates

Hospital and Outpatient

- Design of telemedicine spaces
- Sterile processing facilities
- Mobile/transportable medical unit revisions
- Expanded sustainable design requirements
- Emergency preparedness

Emergency preparedness

- The design must provide space for resources needed to respond in an emergency.
- Design supports:
 - Sheltering in place
 - Continuance of service
- New appendix provides guidance on creating an emergency preparedness assessment, infrastructure assessment, and resiliency plan to absorb and recover from adverse events.

Telemedicine services

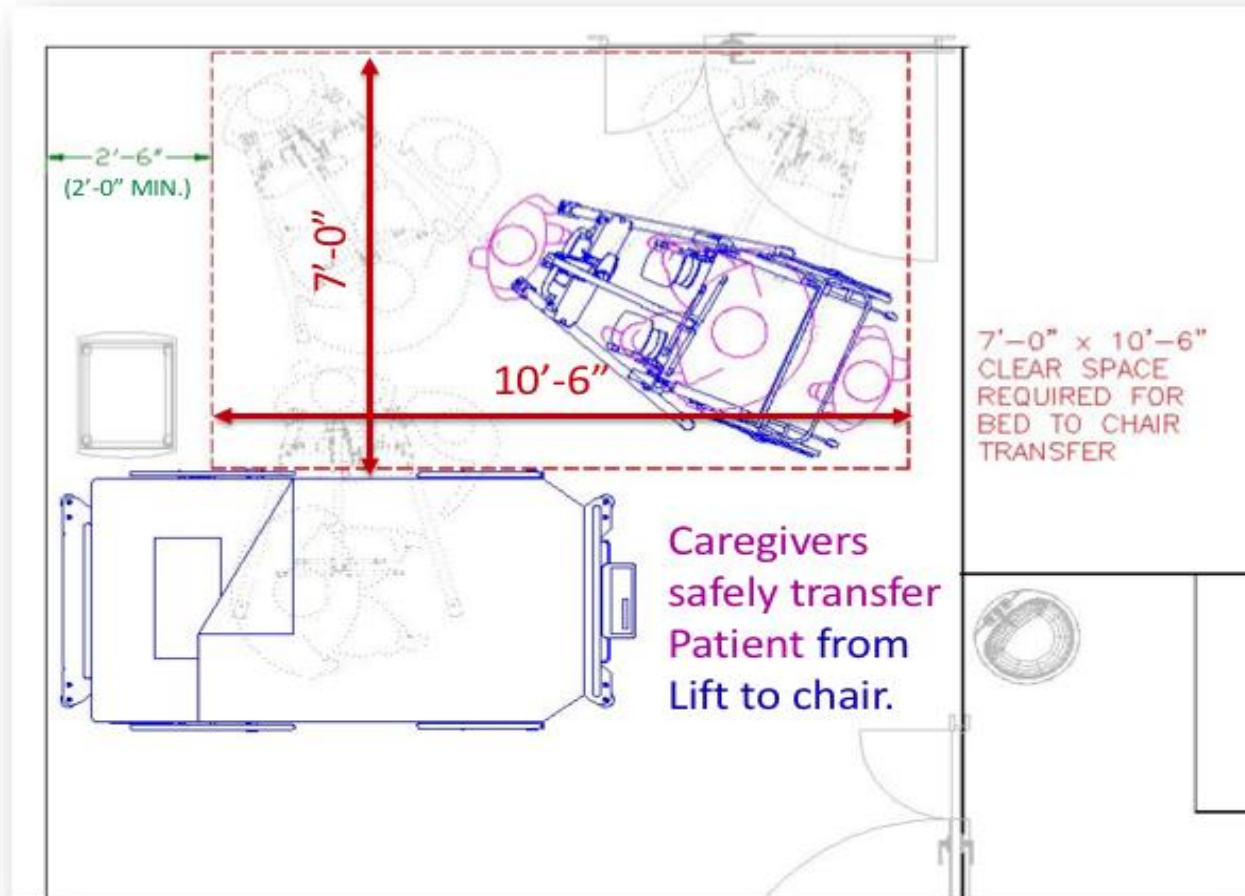
- Requires telemedicine space when clinical telemedicine services are provided
- May be a bay, cubicle, or room, permitted to be used for other purposes: e.g., patient room, physician's office, conference room
- Appendix recommendations on:
 - Room features
 - Placement of cameras and microphones
- Addresses privacy, acoustics, lighting, site identification (for reimbursement and orientation)

Accommodations for patients of size

- Determining “patient of size”:
 - Patient’s weight
 - Distribution of the patient’s weight throughout the body
 - Patient’s height
- In the Hospital document: Bariatric nursing unit removed from facility chapters and accommodations for patients of size added as a common element to address the need for serving patients of size throughout a health care facility
- Accommodations for patients of size also added to Outpatient and Residential documents

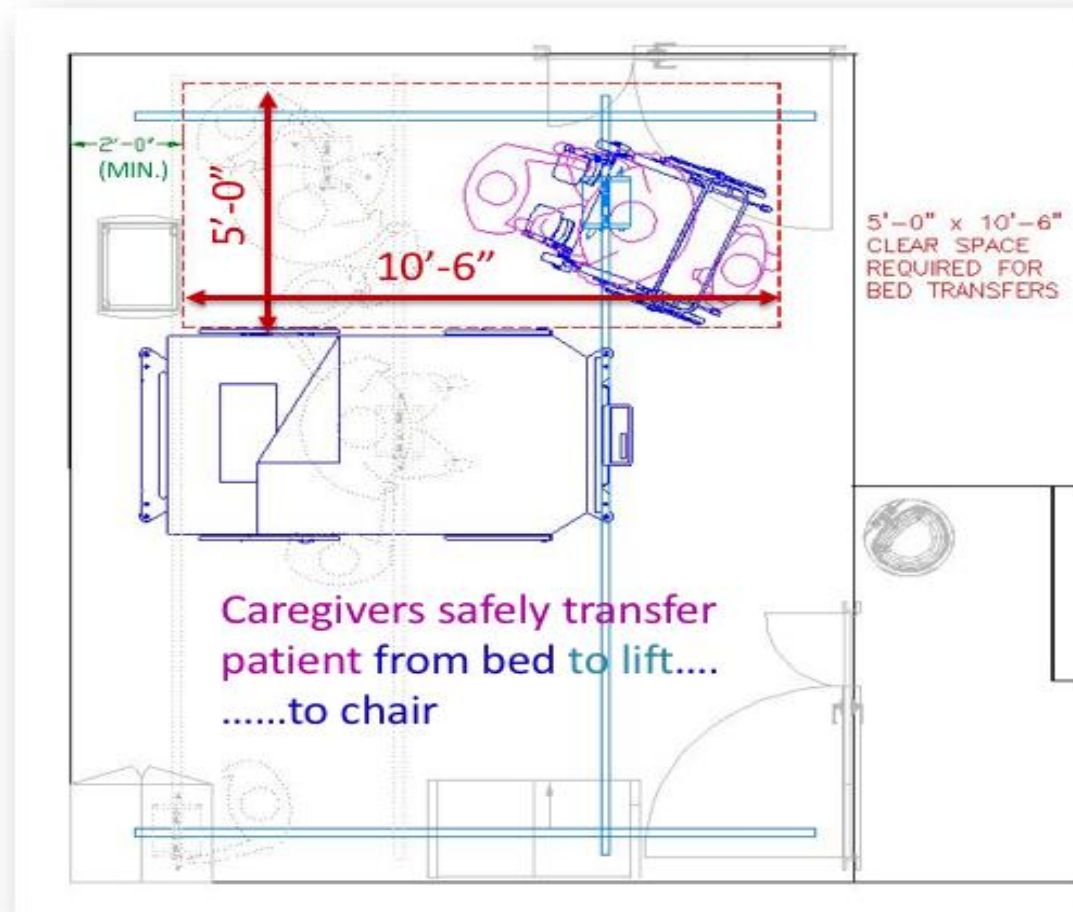
Bariatric patient environment

Minimum
Clearances
Required for
Bed to
Wheelchair
Transfer Using
Floor-based Full
Body Sling



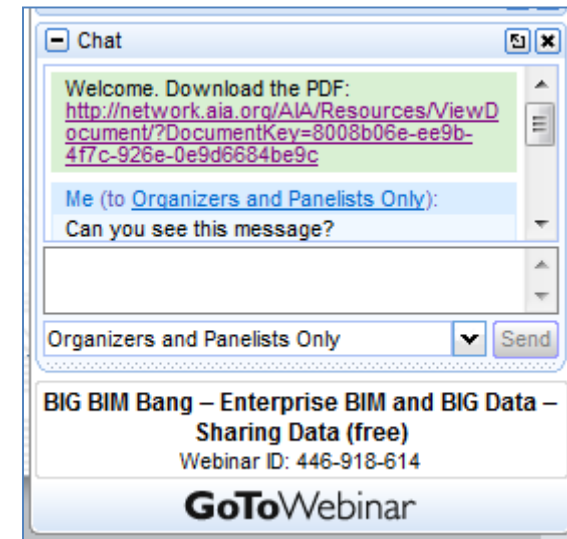
Bariatric patient environment

Minimum Clearances
Required for
Bed to Chair Transfer
Using Ceiling Lift



Upcoming Break for Questions and Comments

Submit a question to the moderator via the chat box.



Pre- and post-procedure patient care areas

- Direct access to the semi-restricted area without crossing unrestricted public corridors
- Ability to combine all patient care stations (pre-, Phase I, Phase II) in one area
- Must meet the most restrictive requirements
- Where combined into one area, at least two patient care stations per procedure, operating, or Class 2 or Class 3 imaging room

Pre- and post-procedure patient care areas

Stations can be bays, cubicles, or single-patient rooms.

Clearances

- Bays (5 feet between gurneys, 3 feet between sides and adjacent walls, and 2 feet from foot of bed to the cubicle curtain)
- Cubicles (3 feet between sides and adjacent walls, 2 feet from foot of bed to the cubicle curtain)
- Where bays/cubicles face each other, need 8-foot aisle
- Room (3 feet between sides and foot to the wall)

Pre- and post-procedure patient care areas

If separate pre-procedure room:

- Minimum of one patient care station per imaging, procedure, or operating room

Phase I PACU:

- One per operating room (was 1.5)

Phase II recovery room:

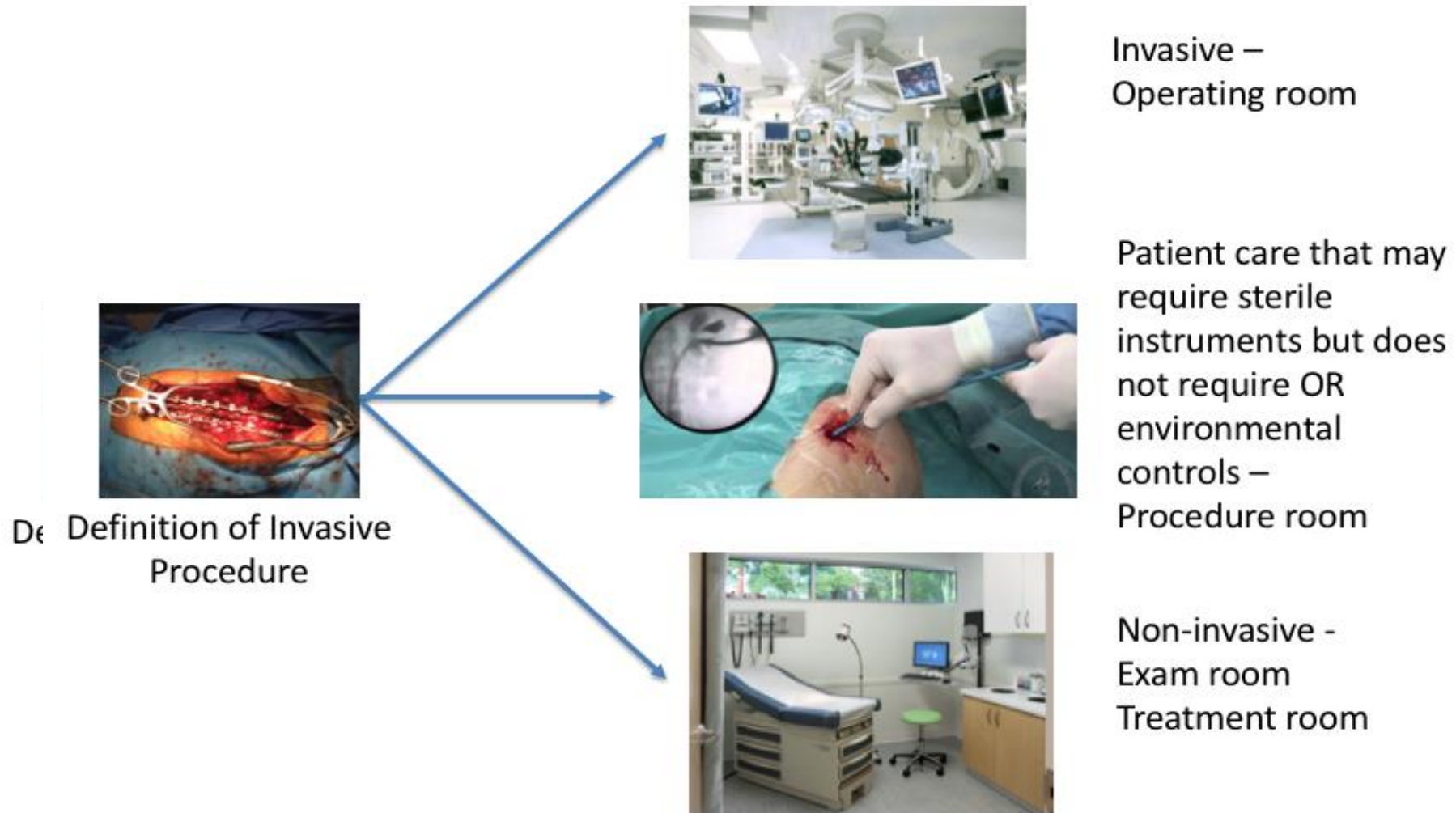
- Minimum of one per imaging, procedure, or operating room

Invasive procedure definition

A procedure that is performed in an aseptic surgical field and penetrates the protective surfaces of a patient's body. May fall into one or more of the following categories:

- Requires entry into or opening a sterile body cavity
- Involves insertion of an indwelling foreign body
- Includes excision and grafting of burns that cover more than 20 percent of total body area
- Does not begin as an open procedure but has a risk, as determined by the physician, of requiring conversion to an open procedure

Why does it matter?



Operating rooms

Minimum clear floor area in an operating room:

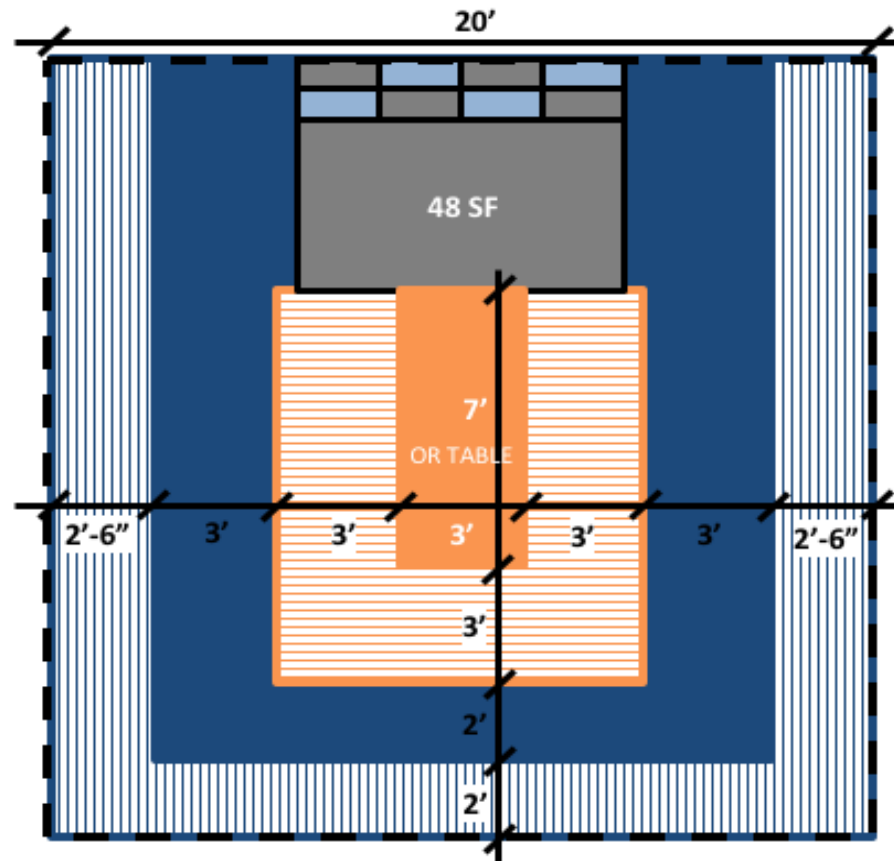
- Hospitals: Still 400 sq. ft. or 600 sq. ft. for special procedures
- Outpatient: 255 sq. ft. unless general anesthesia administered, then 270 sq. ft.



Outpatient operating rooms

CLEARANCE ZONE DIAGRAM

OPERATING ROOM – OUTPATIENT – PROPOSED FOR COMMENT



OUTPATIENT OPERATING ROOM

- Patient area
- Sterile field where scrub and physician work
- Circulation pathway where the circulator walks to perform duties. Cannot walk into sterile field.
- Movable equipment zone where the required movable equipment is stored and provides for door swing and opening of fixed drawers or opening of door and drawers on carts
- Anesthesia 6' x 8' work zone
- Gray and White area is 2' area shared between anesthesia and circulator.
- CFA Clear Floor Area - 400 SF

3' X 7' Gurney for planning purposes
3' at Sides & Foot – Sterile Field
3' at Sides, 2' at Foot – Circulation
2'-6" at Sides, 2' at Foot – Equipment
20' Minimum Width, 400 SF Minimum CFA

Operating rooms

Clearances for 400-square-foot operating rooms:

- 8 feet 6 inches on each side
- 6 feet at the head
- 7 feet at the foot

Monolithic ceilings still **are required**

Endoscopy

Endoscopy procedure rooms shall meet the requirements for procedure rooms...except as follows:

- Minimum clear floor area of 180 sq. ft. (reduced from 200)
- Clearance of 5 feet at each side
- Clearance of 3 feet 6 inches at head and foot

Endoscope processing room is a semi-restricted area

- Both decontamination and clean work areas with one-way traffic flow
- Entrance and exit permitted to be from the procedure room

Endoscope Processing Room Design

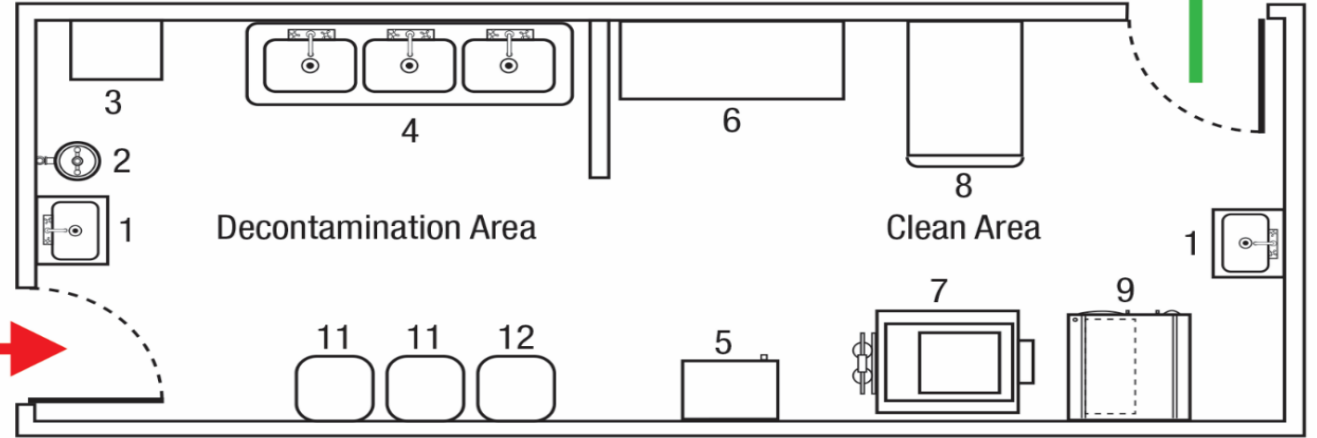
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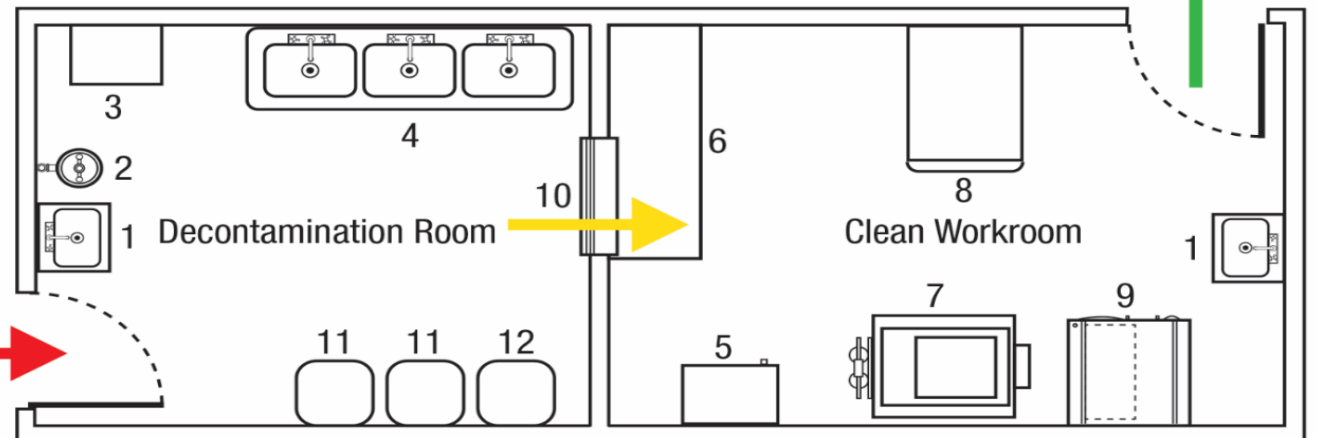
Designed to provide a **one-way traffic** of **contaminated** materials/instruments to **cleaned** materials/instruments to the sterilizer or mechanical processor.

Minimum clearance of 3 feet (91.44 cm) provided between the decontamination area and the clean work area.

Endoscopy Processing Room - One Room Design



Endoscopy Processing Room - Two Room Design: Decontamination Room and Clean Workroom



Classification of imaging room types

Class 1 imaging room

- Diagnostic in nature (CT, MRI, fluoroscopy)
- Services that utilize natural orifice entry
- Accessed from an unrestricted area
- Basic environmental controls (ventilation, surfaces)

Class 2 Imaging room

Procedures:

- Diagnostic and therapeutic
- Electrophysiology
- Endoscopic

Accessed from an unrestricted or semi-restricted area

Some environmental controls for procedures such as cardiac catheterization

Classification of imaging room types

Class 3 imaging room and operating room

- Invasive procedures
- Any Class 2 procedure the physician identifies with a risk of needing conversion to an open procedure
- Accessed from a semi-restricted area
- Environmental controls of an operating room

Time for Questions and Comments



Moderator
Gregg D. Ostrow, AIA

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9/11	Masters Studio	Correctional Healthcare
10/9	Case Study	Award winning oversea Healthcare Projects from Asia & Latin America

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