



**BIG ASS FANS**

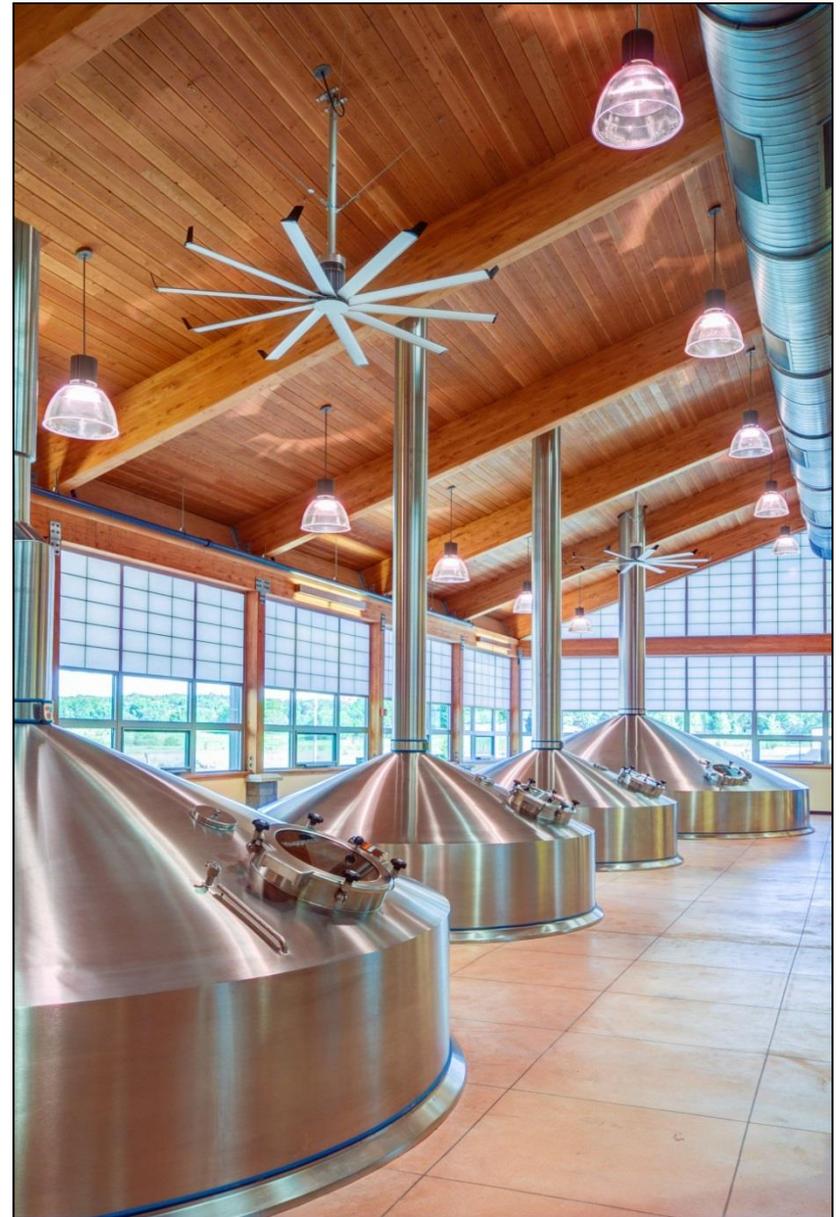
# Sustainable HVAC Design: Using Air Movement in Air Conditioned Buildings

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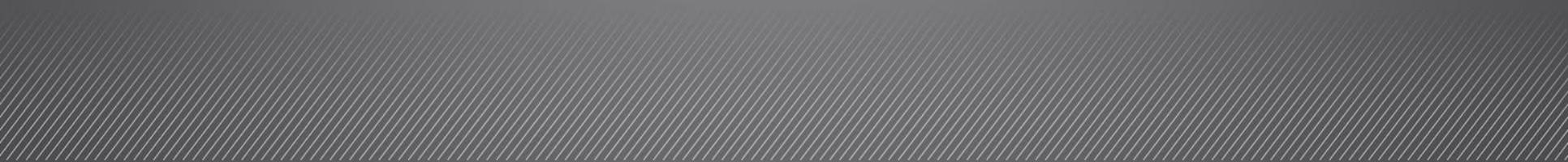


# Overview

- Thermal Comfort
- Heat Transfer
- Fans + Air Conditioning Theory
- Example Scenarios
  - A/C
  - Fans + A/C
- Application Examples
- Ancillary Benefits of Elevated Air Speed



# Thermal Comfort

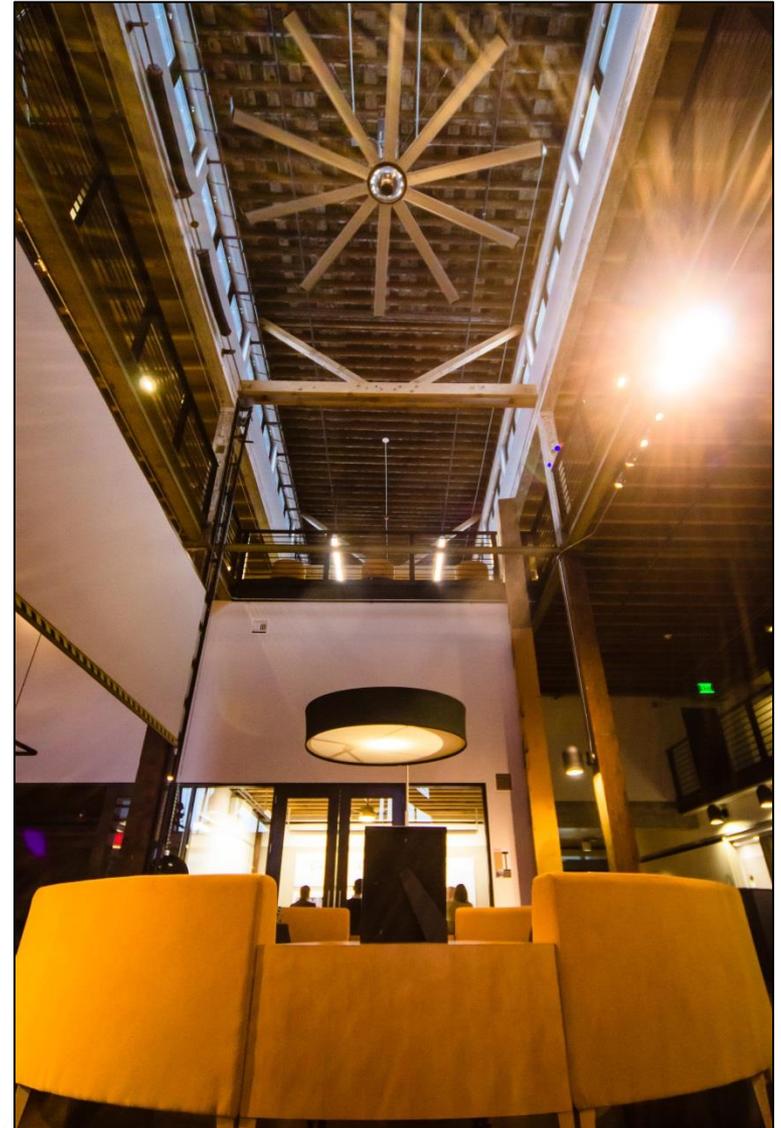
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# What is Thermal Comfort?

## Definition:

“That condition of mind which expresses satisfaction with the thermal environment and is assessed by subjective evaluation.”

**ANSI/ASHRAE Standard 55-2010,  
Section 3**

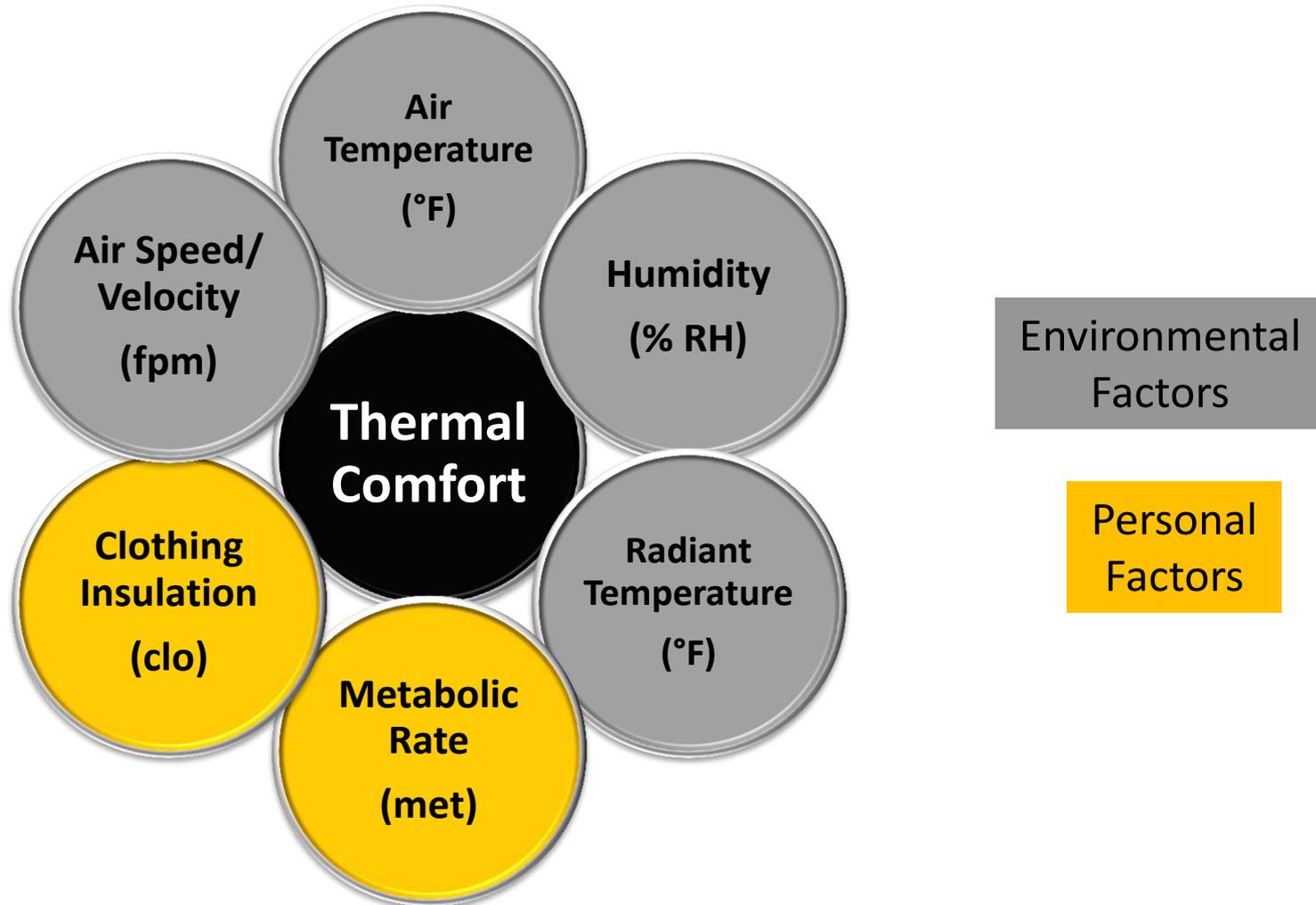


# What is Thermal Comfort?

- **It's all a matter of perspective**
- Thermal comfort is a lack of noticing discomfort
- Ability to focus on the work at hand



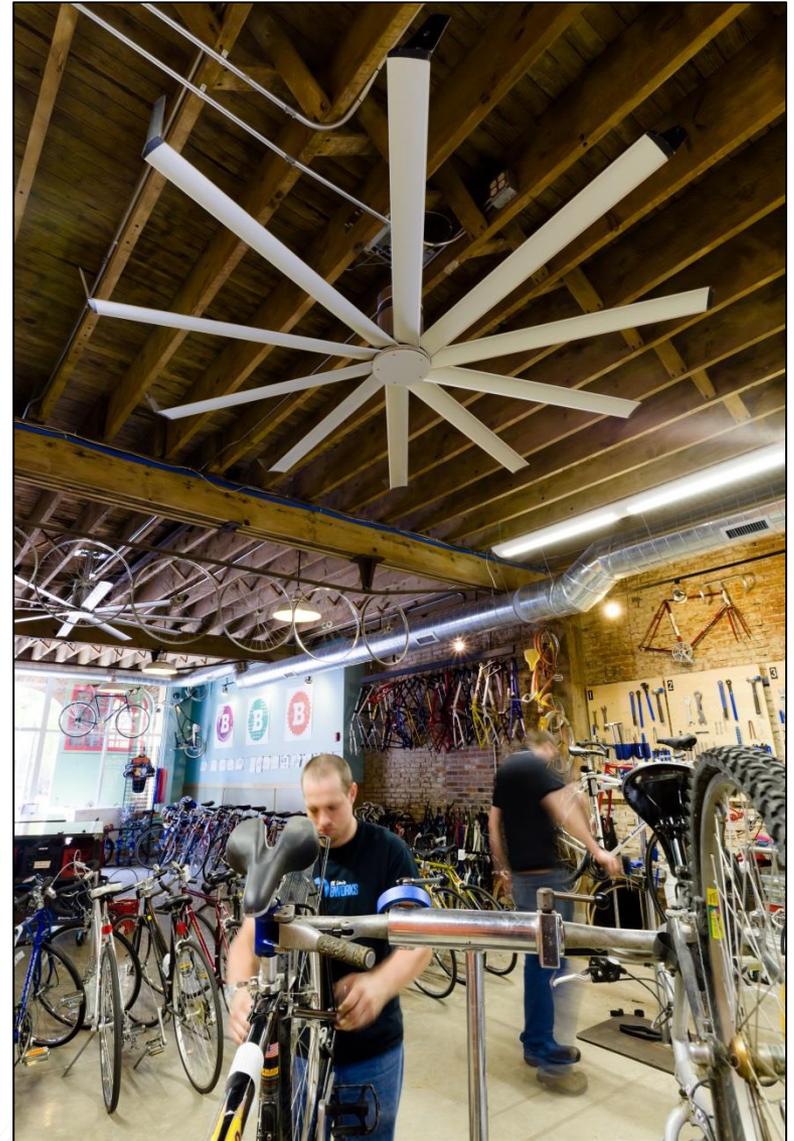
# Thermal Comfort – what affects it?



# Clothing Insulation

- Clothing = thermal insulation
- Increased insulation = reduced heat loss

Clothing	Clo*
Shoes	0.02
Socks	0.03
Underwear	0.04
Trousers	0.15
Polo	0.17
<b>Total</b>	<b>0.41</b>



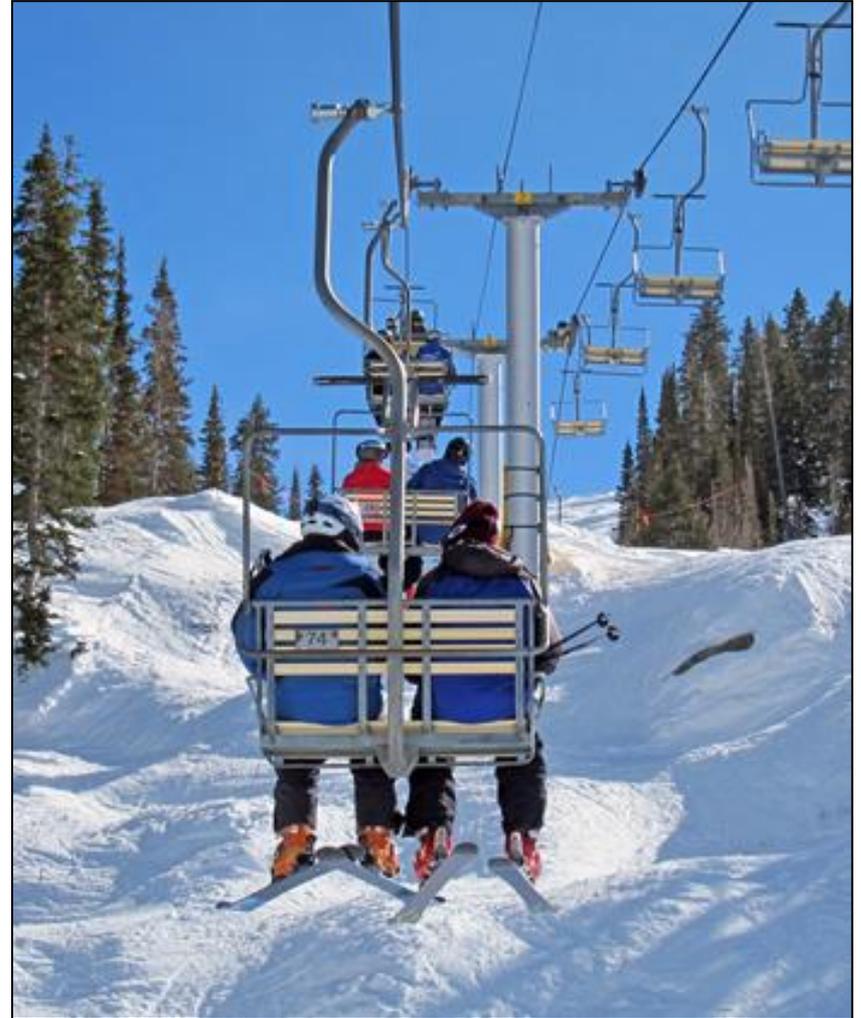
# Metabolic Rate

- The amount of energy expended in a given period
- 1 met = energy produced for an average person seated at rest
- Increased met rate = increased heat generation



# Example: Met Rate

- Skier with child on his back
- Different met rates



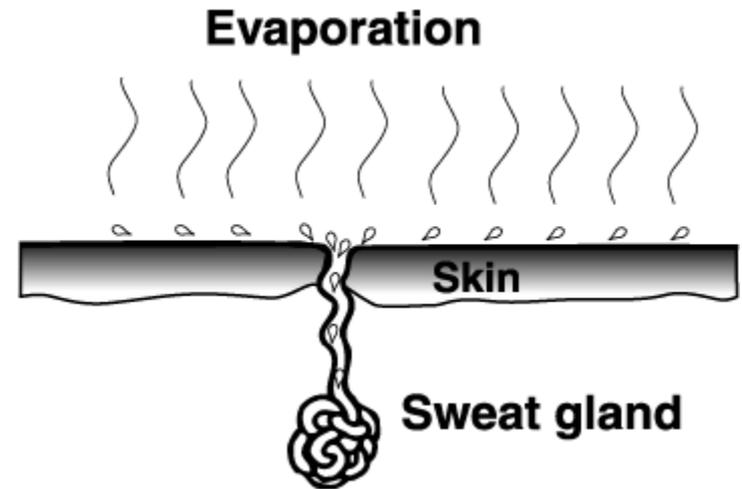
# Air Temperature

Average temperature of the air surrounding the occupant



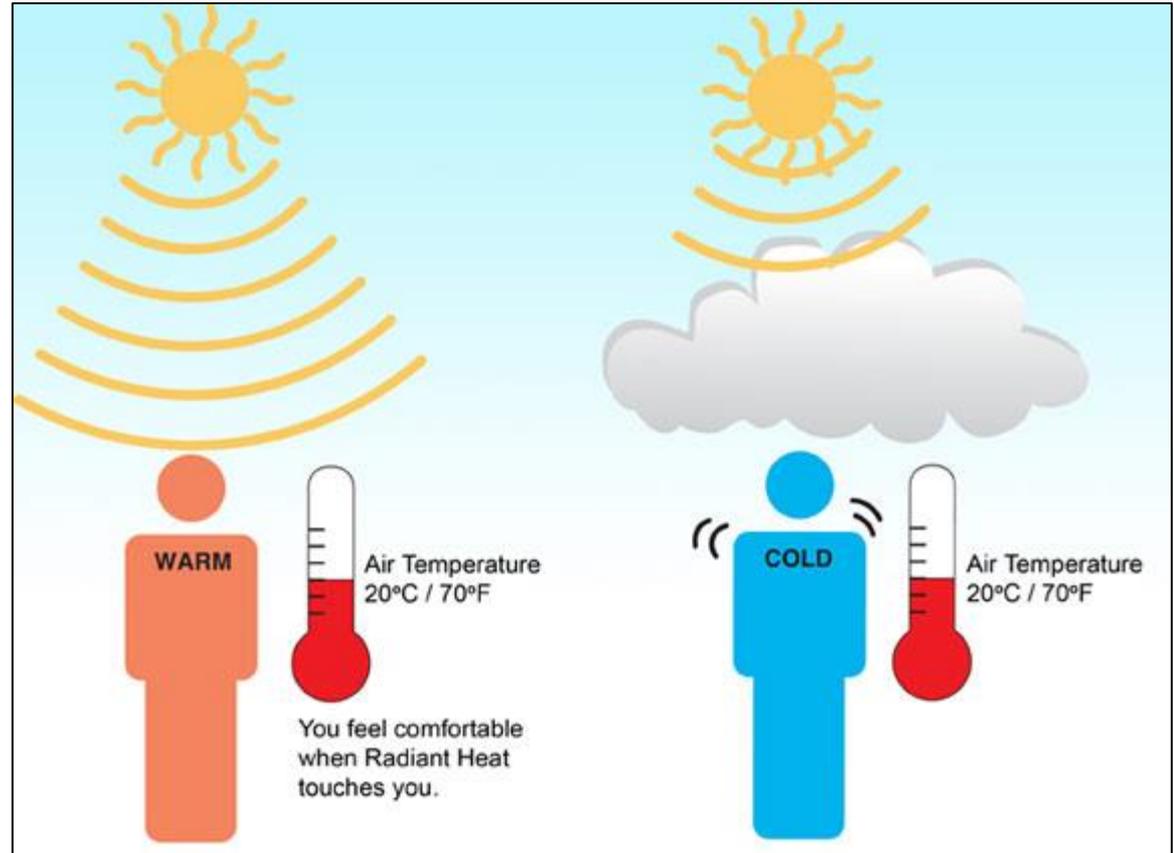
# Humidity

- Amount of moisture in the air
- Relative humidity or humidity ratio
- Sweat evaporates off skin more easily at lower humidity



# Radiant Temperature

Heat is exchanged between objects at different temperatures via radiation



The Masonry Heaters Association of North America

# Example: Radiant Effects

Shady side of car  
versus sunny side



# Air Velocity

- Influences flow of heat to and from the body
- Impacts rate of moisture evaporation from the skin



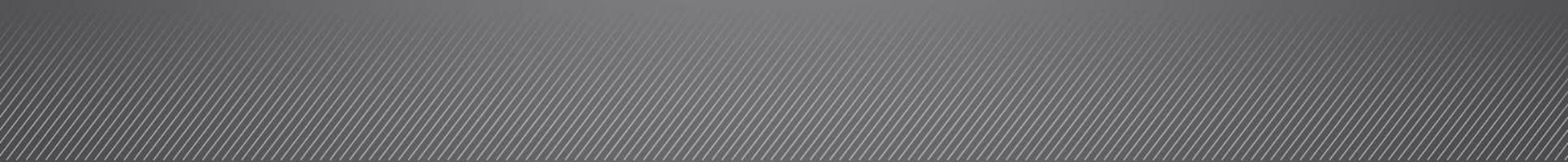
**All six factors work together and can be equally important**

# Thermal Comfort Tool

## CENTER FOR THE BUILT ENVIRONMENT THERMAL COMFORT TOOL



# Heat Transfer



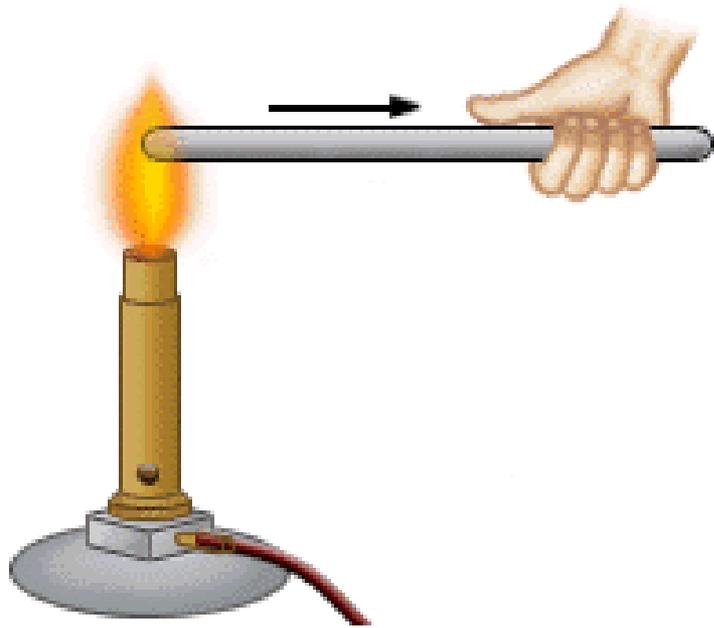
# Heat Transfer

- Heat always flows from higher temperature to lower temperature
- Heat is transferred until equilibrium is reached
- Cooling = removing heat
- Three modes of transfer: Conduction, Convection, Radiation



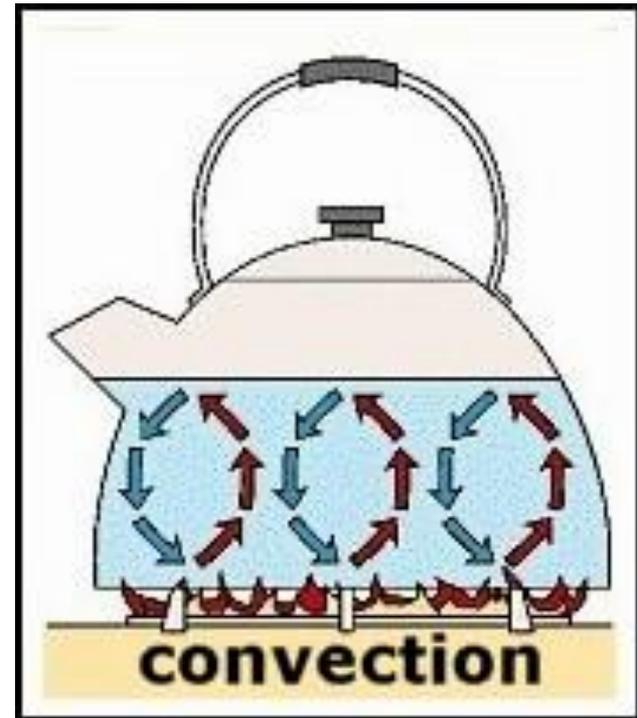
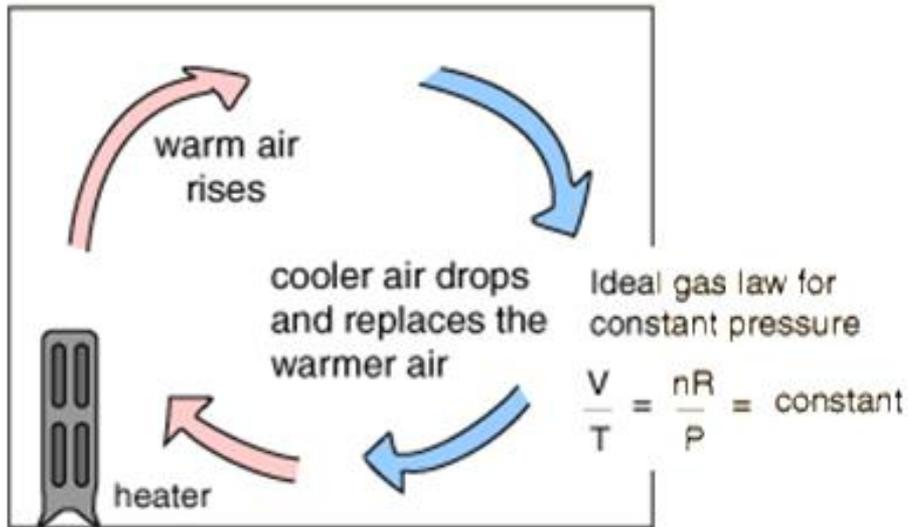
# Conduction

- Transfer of heat through a solid, from a warmer to cooler



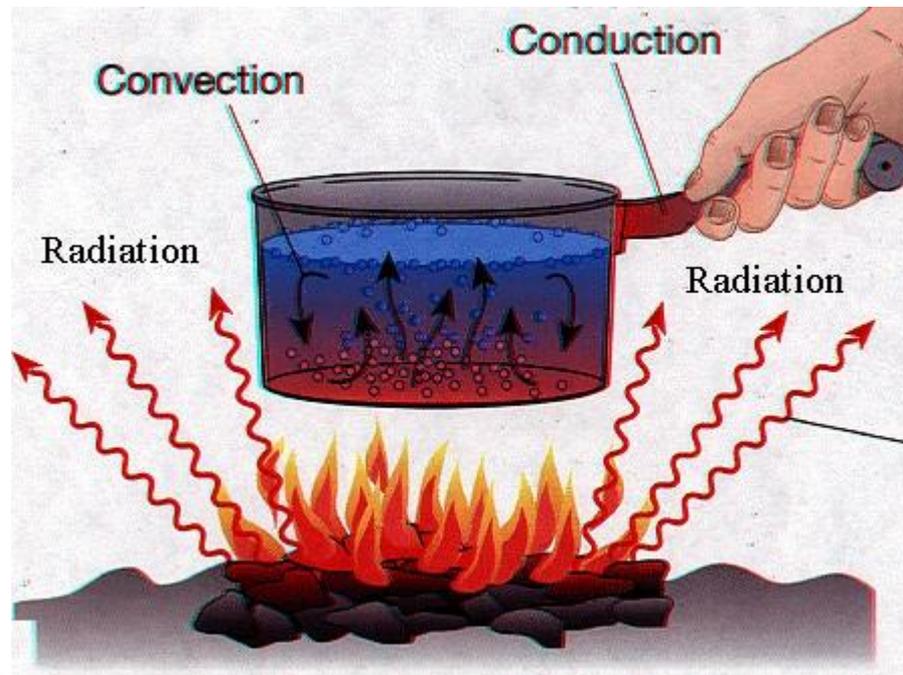
# Convection

- Gas or liquid must be moving

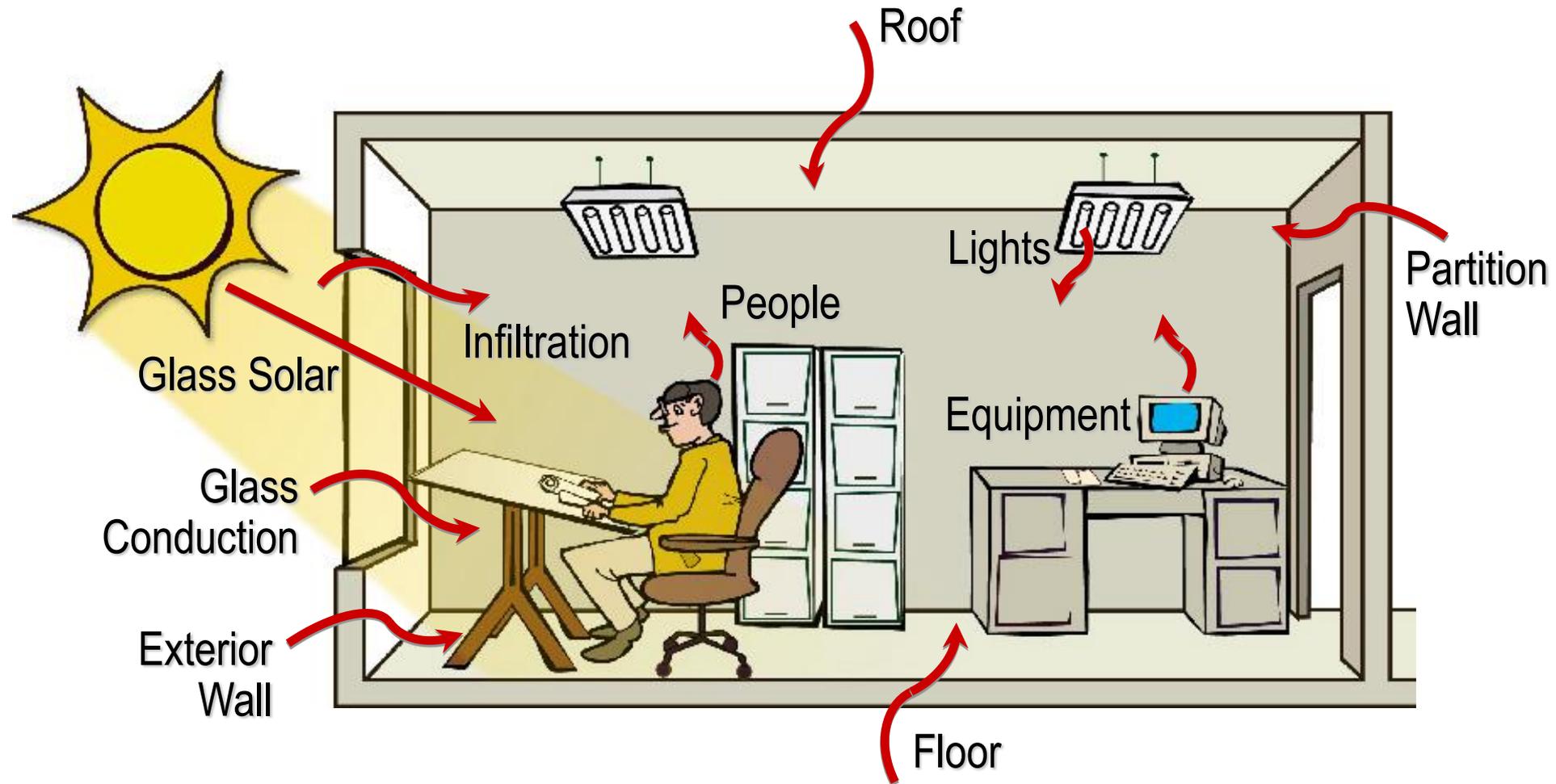


# Radiation

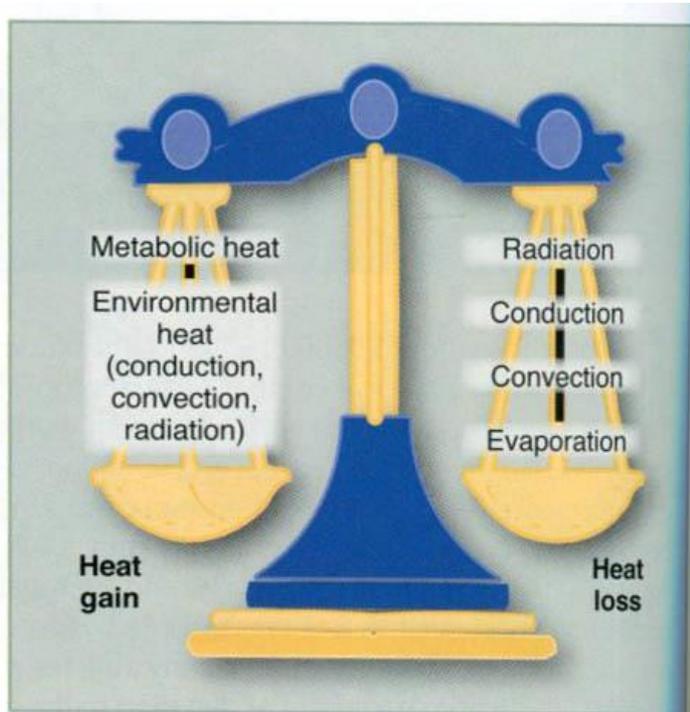
- Energy carried by photons of light in the infrared and visible portions of electromagnetic spectrum



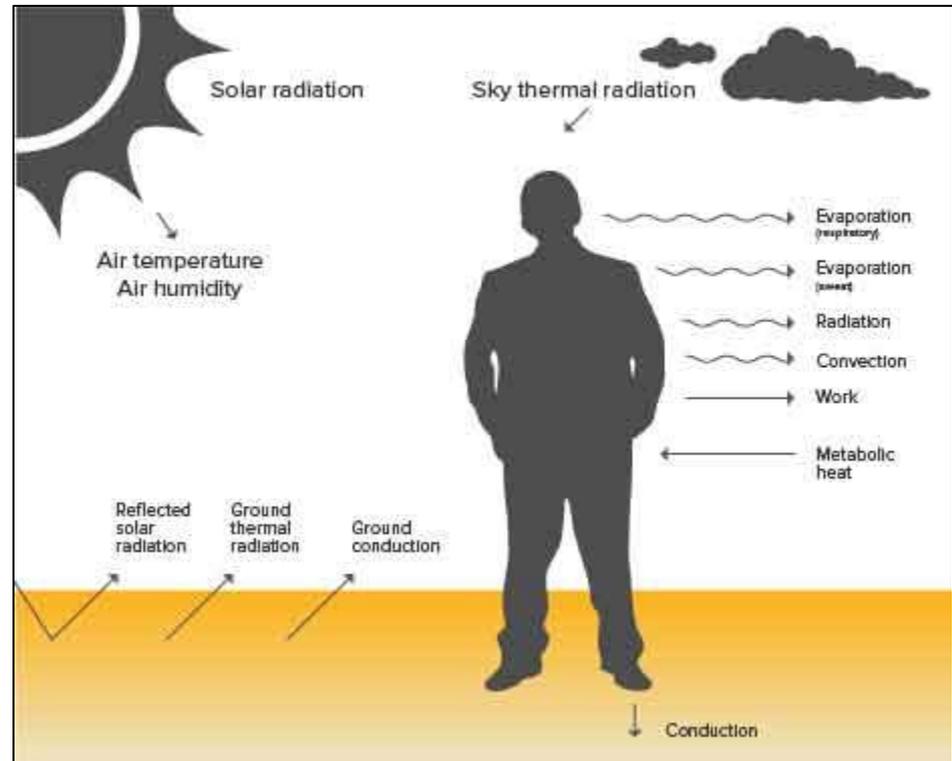
# Heat Transfer in a Building



# Heat Transfer in the Human Body

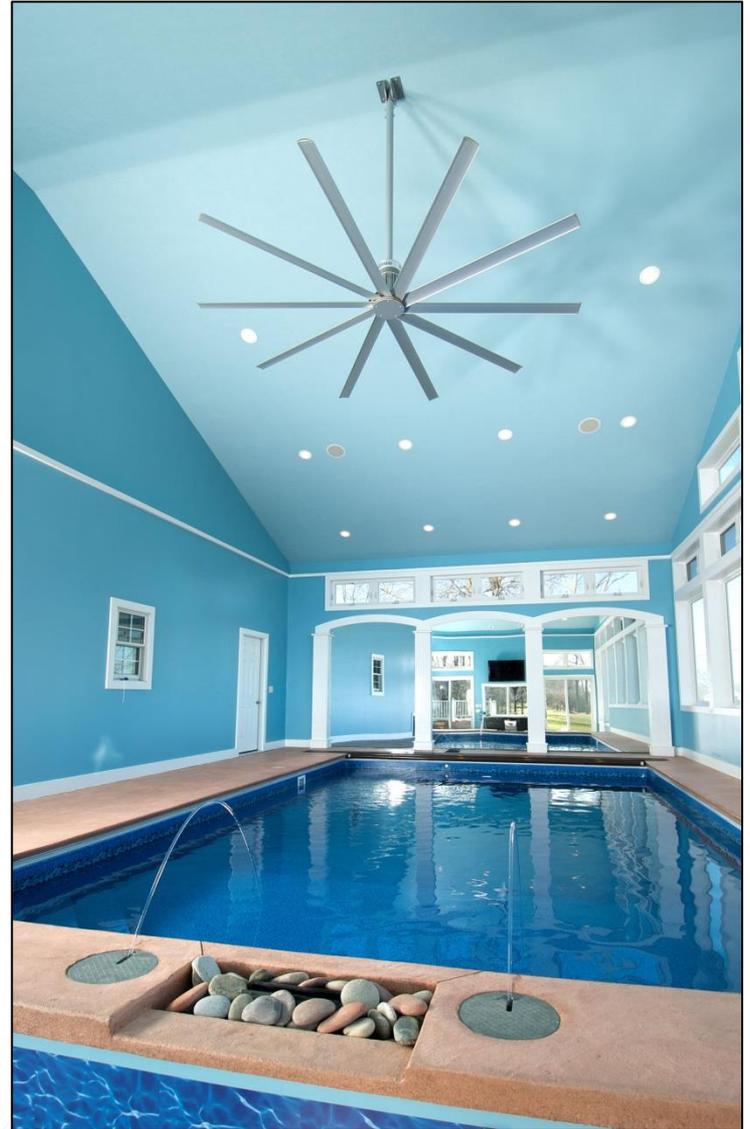


**Figure 11.1** To maintain a steady-state core temperature, the body must balance the heat gained from metabolism and from external environmental factors with the heat lost through the avenues of radiation, conduction, convection, and evaporation.



# Human Thermometer

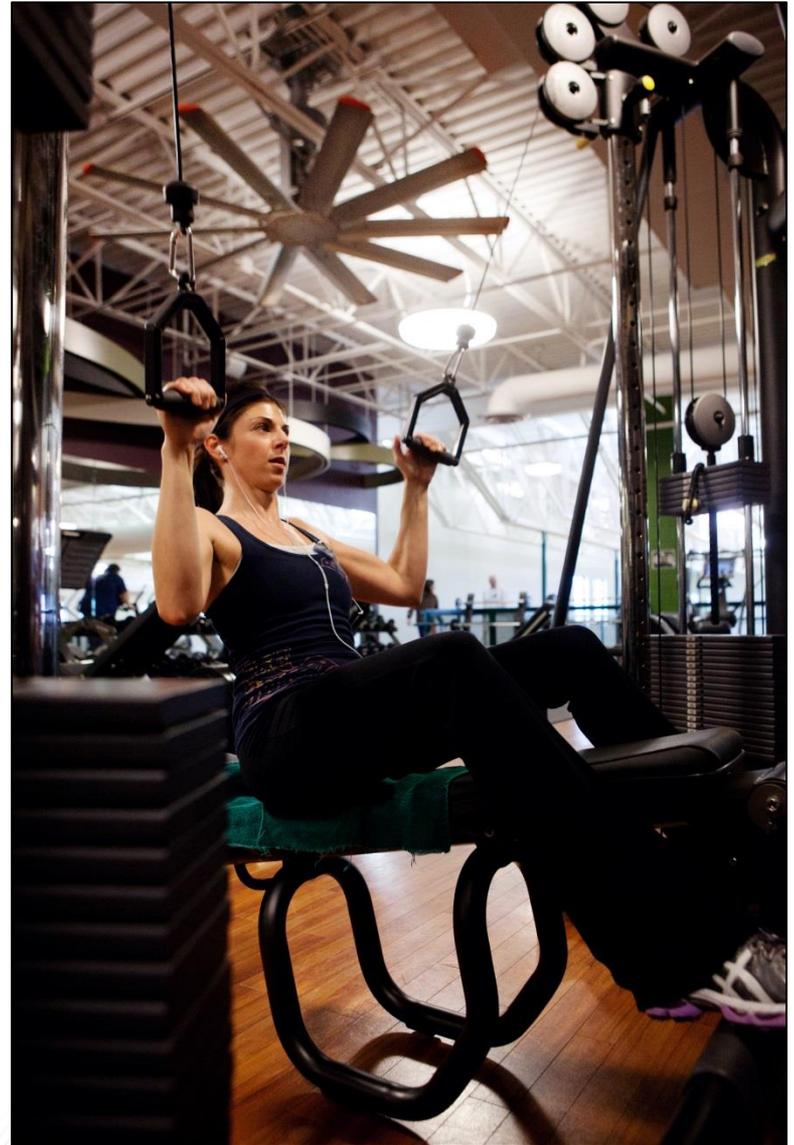
- Humans make bad thermometers
- Hot and cold are physiological phenomena
- Previous exposure influences perception
- Example: Jumping from hot tub to pool



# Body Heat Gain/Loss

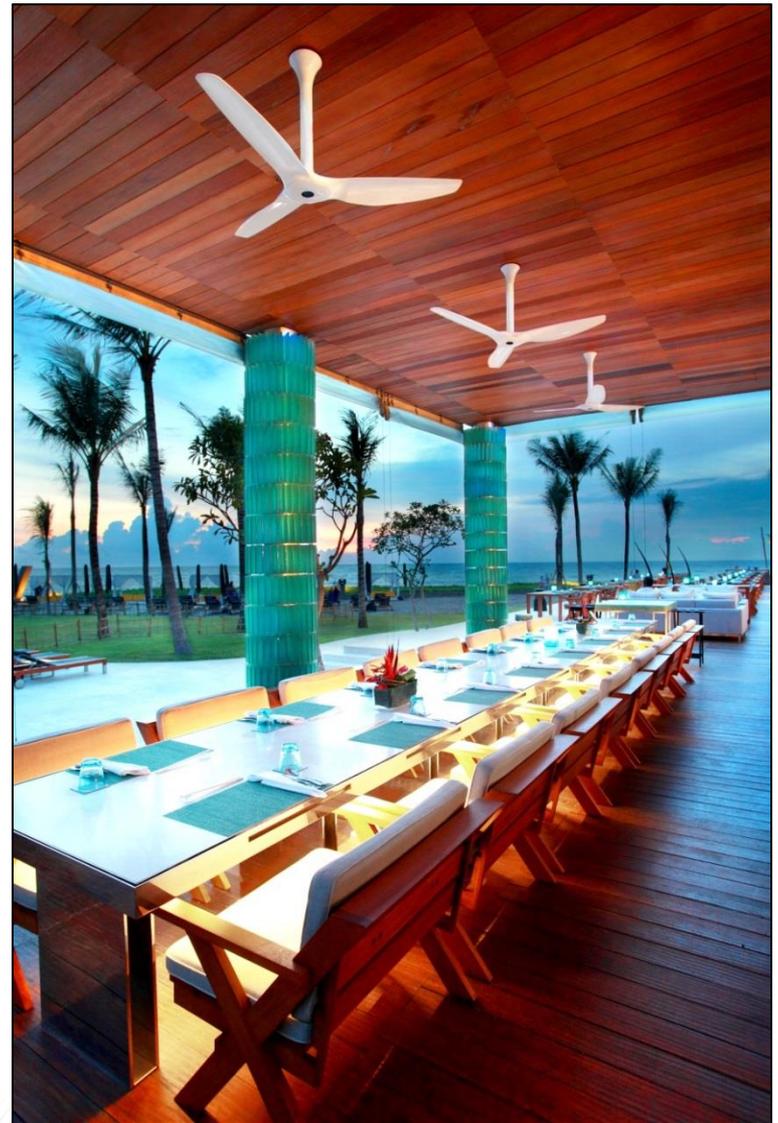
**Goal:** maintain core temperature of 98.6 F

Accomplished by varying amount of heat rejected to surrounding air



# Body Heat Gain/Loss

- Skin temperature is approximately 91.4 F for comfort
- Skin temp is 98.6 F under stress  $\approx$  core temp



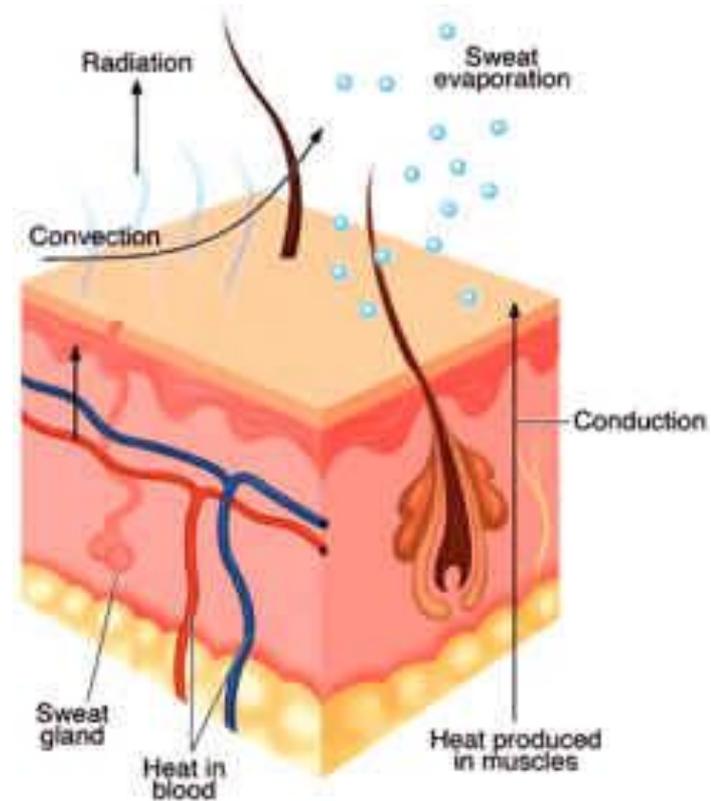
# Body Heat Gain/Loss

heat loss at skin

+ heat loss due to respiration

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heat production in body

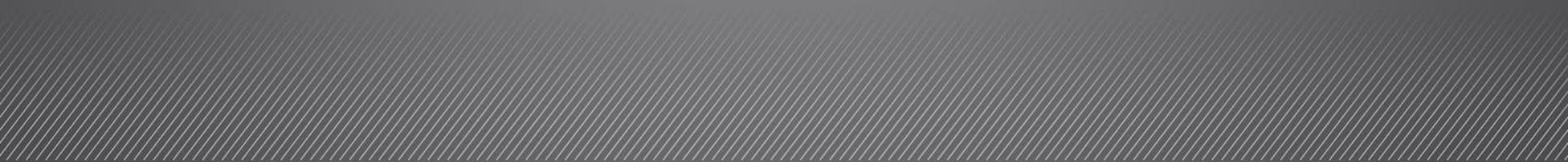


[http://general.utpb.edu/FAC/elldridge\\_j/KINE6362/unit4\\_l1.html](http://general.utpb.edu/FAC/elldridge_j/KINE6362/unit4_l1.html)

# Body Heat Gain/Loss

<b>If...</b>	<b>Then...</b>
Heat loss = heat generated	Body maintains core @ 98.6F
Heat loss < heat generated	Body temp rises
Heat loss > heat generated	Body temp drops

# Fans + Air Conditioning

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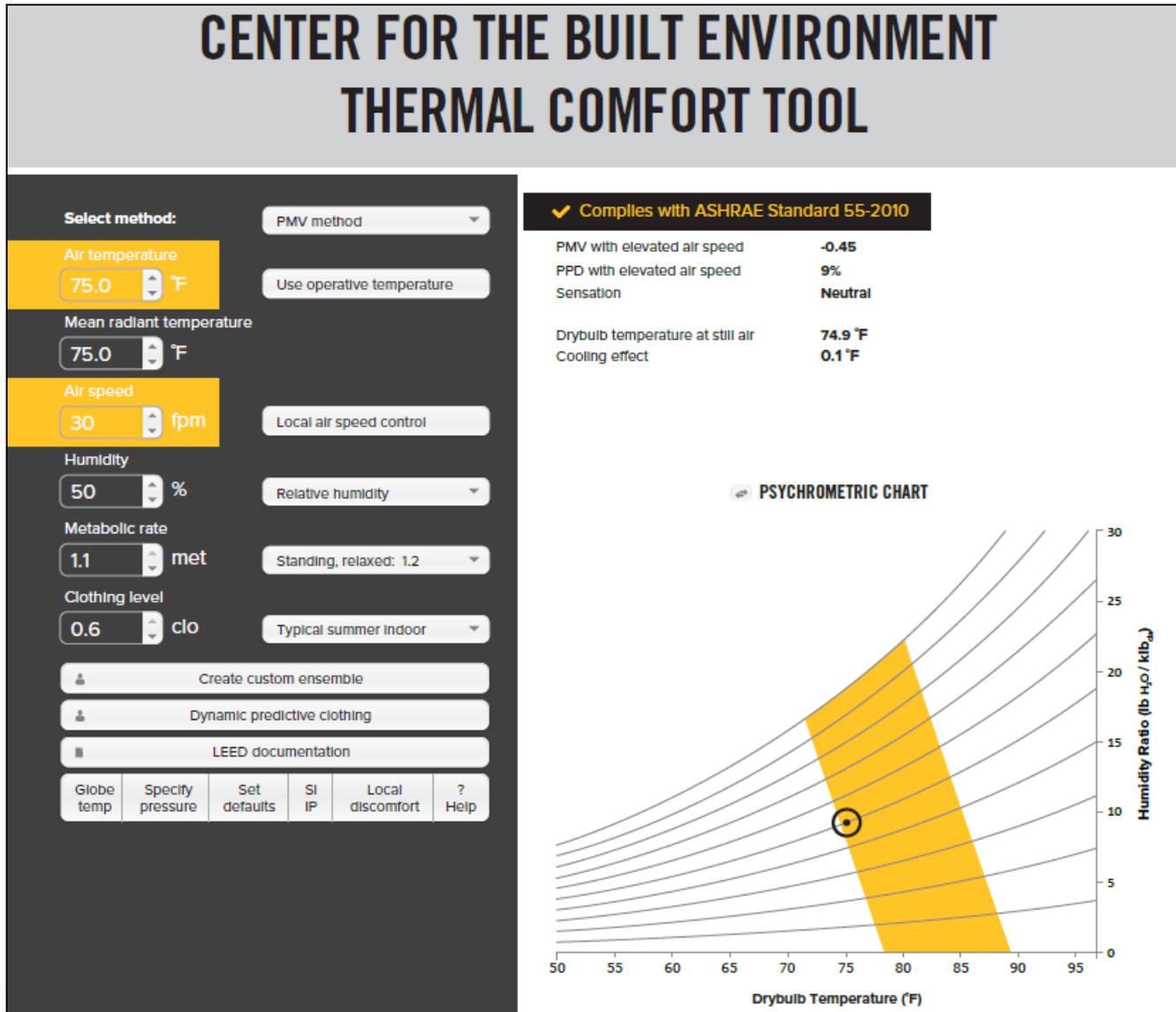
# Heat Loss from the Human Body

## Example – A/C:

- Air Dry Bulb Temp. = 75 F
- Mean Radiant Temp. = 75 F
- Relative Humidity = 50%
- Air Speed = 30 fpm
- Metabolic Rate = 1.1 met
- Clothing Insulation = 0.6 clo

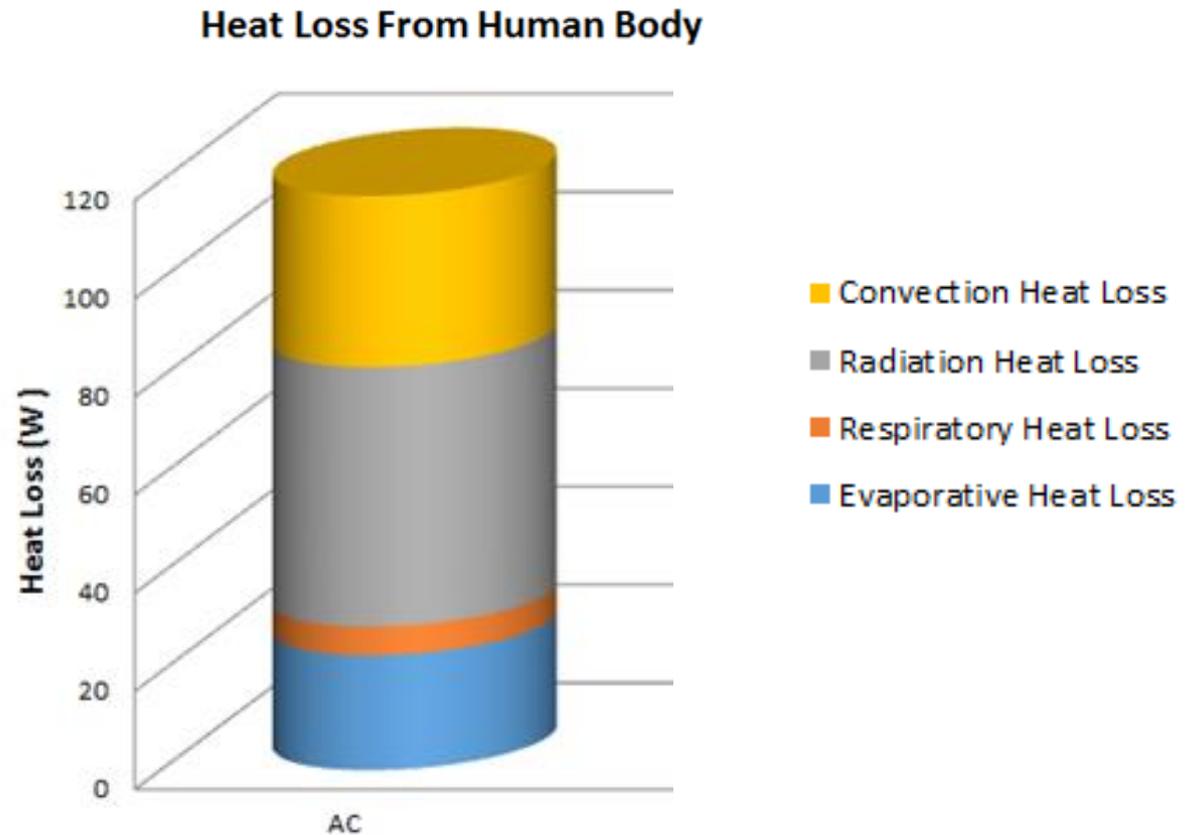


# Heat Loss from the Human Body



# Heat Loss from the Human Body

Total Heat Loss = 117 W



# Heat Loss from the Human Body

## Example – Fans and A/C:

- Air Dry Bulb Temp. = 80 F
- Mean Radiant Temp. = 80 F
- Relative Humidity = 50%
- Air Speed = 120 fpm
- Metabolic Rate = 1.1 met
- Clothing Insulation = 0.6 clo

\*Maintains same PMV and PPD



# Heat Loss from the Human Body

## CENTER FOR THE BUILT ENVIRONMENT THERMAL COMFORT TOOL

Select method:

Air temperature:  °F

Mean radiant temperature:  °F

Air speed:  fpm

Humidity:  %

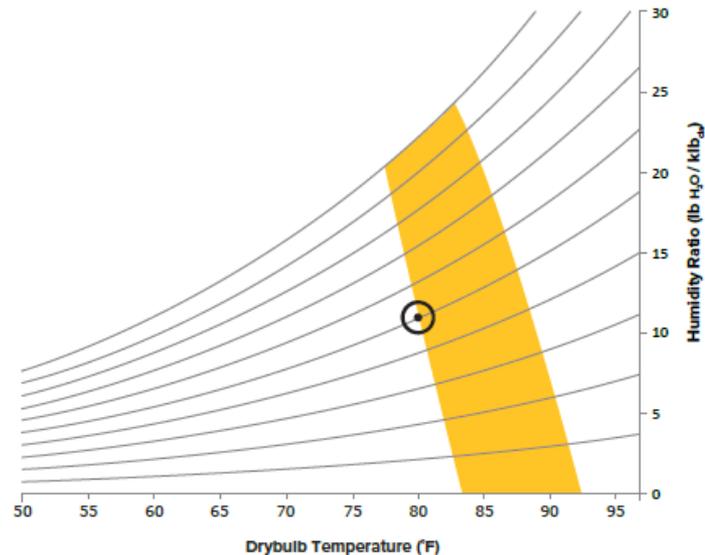
Metabolic rate:  met

Clothing level:  clo

✓ Complies with ASHRAE Standard 55-2010

PMV with elevated air speed	-0.50
PPD with elevated air speed	10%
Sensation	Neutral
Drybulb temperature at still air	70.5 °F
Cooling effect	9.5 °F

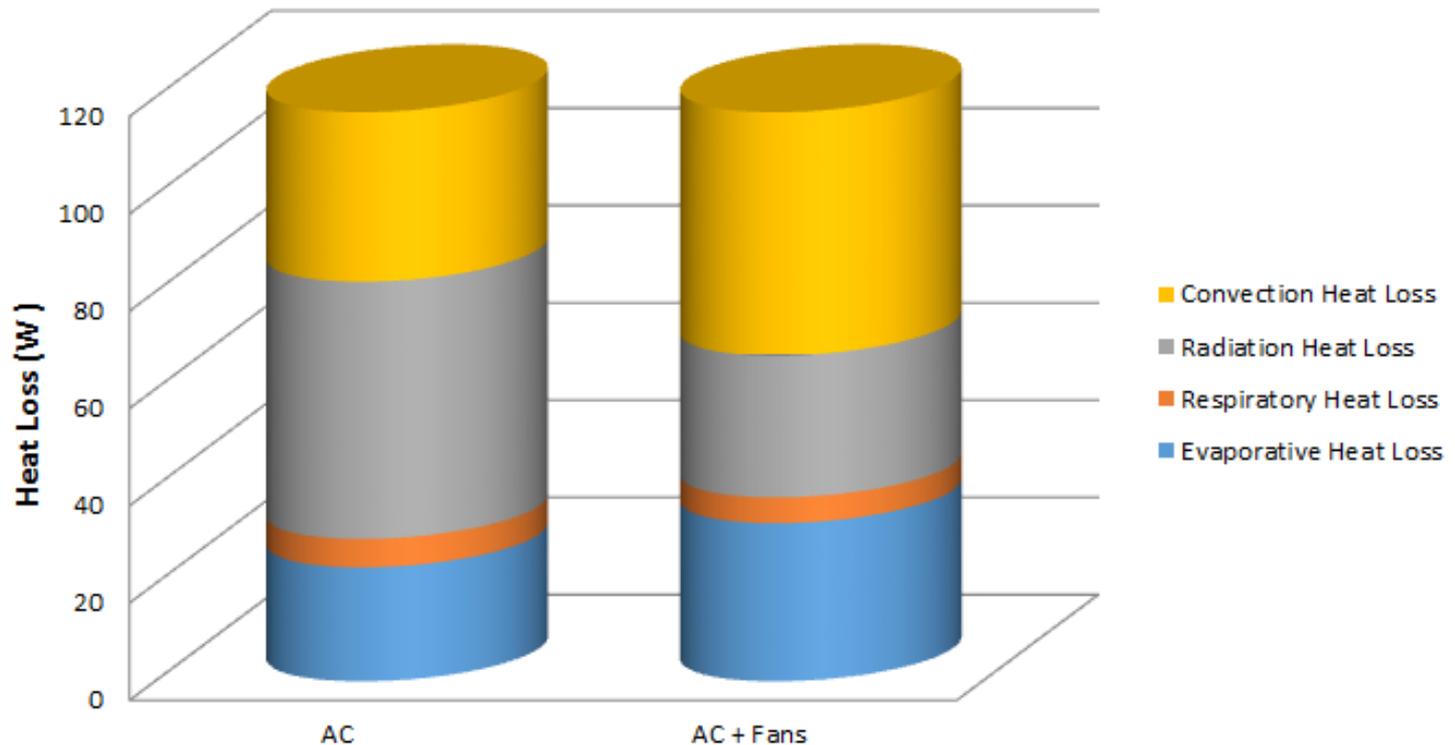
PSYCHROMETRIC CHART



# Heat Loss from the Human Body

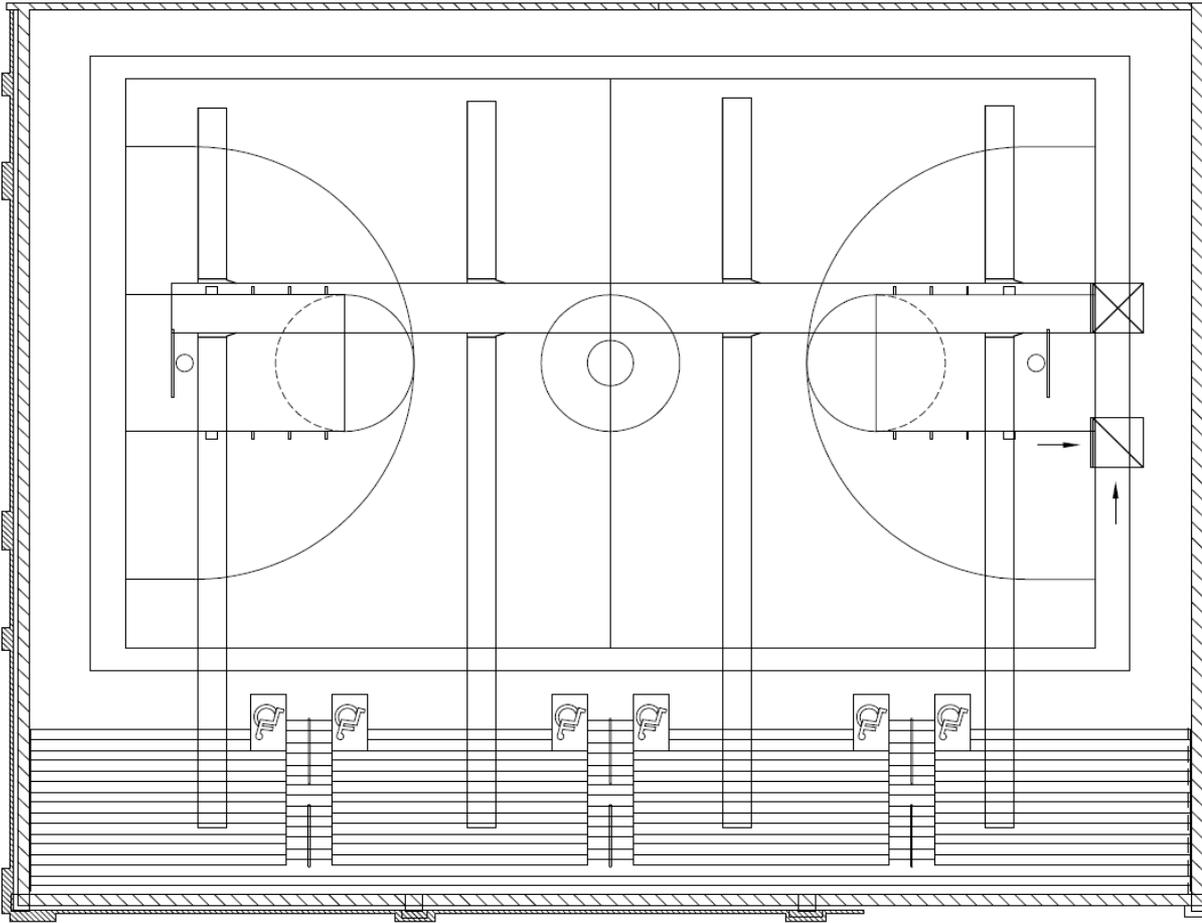
Total Heat Loss = 117 W

## Heat Loss From Human Body



# Example: School Gym, A/C Only

GYMNASIUM AIRFLOW - DUCTWORK  
SCALE: 3/32" = 1'-0"



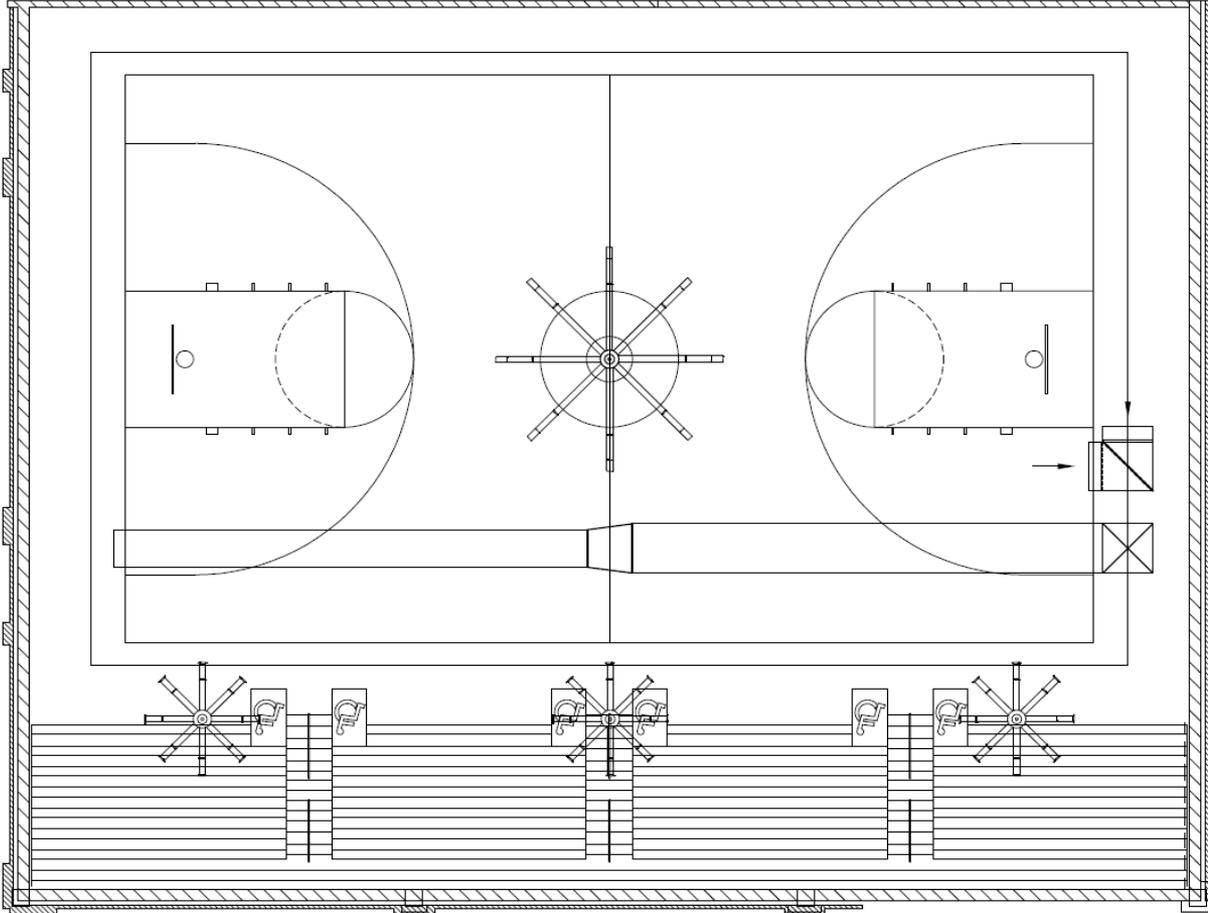
7,833 sq ft  
Lexington, Ky.

Setpoint: 72 F  
Feels Like: 72 F

Materials +  
Installation:  
\$7.39/sq ft

# Example: School Gym, Fans + A/C

GYMNASIUM AIRFLOW - FAN AIR DISTRIBUTION  
SCALE: 3/32" = 1'-0"



7,833 sq ft  
Lexington, Ky.

Setpoint: 78 F  
Feels Like: 72 F

Materials +  
Installation:  
\$6.79/sq ft

# Example: School Gym

	<b>Difference</b>
Materials + Install Cost	\$0.60/sq ft
A/C Electricity Consumption	38%
Annual Utilities Cost	17%

# Example: School Gym, A/C Only

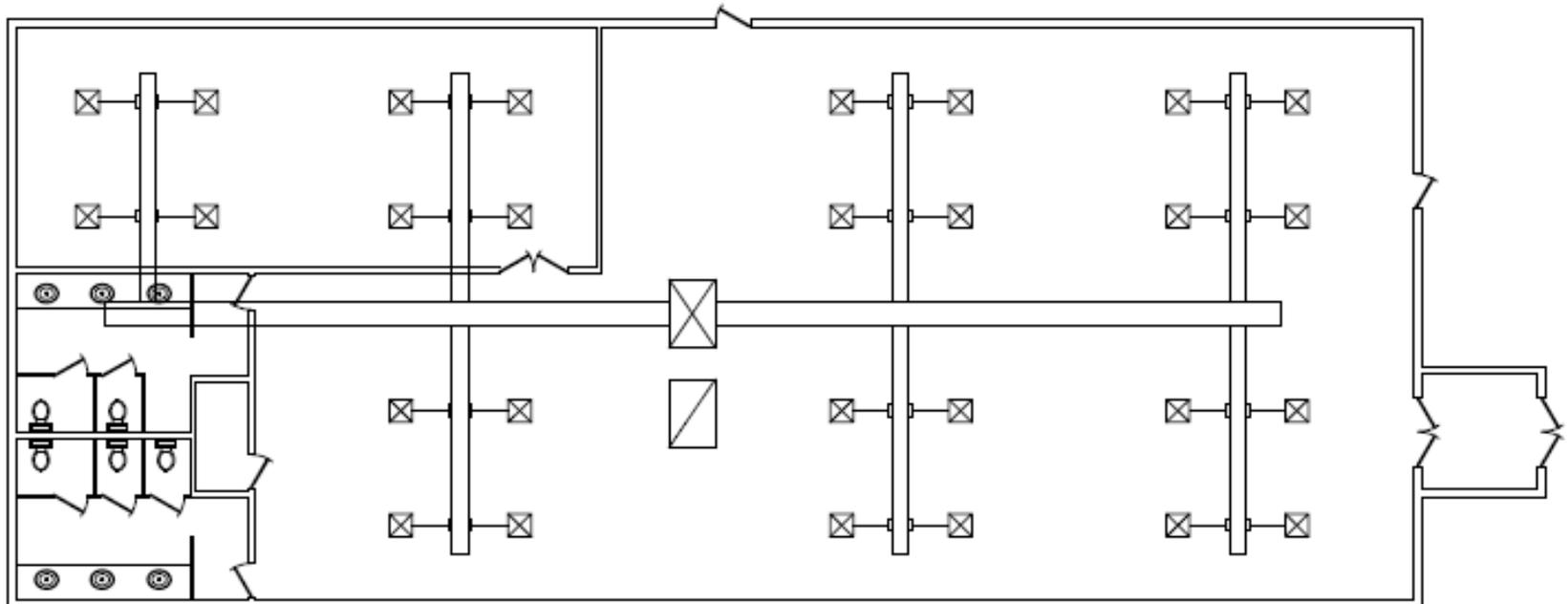


# Example: School Gym, Fans + A/C



# Example: Office Space, A/C Only

6,000 sq ft, Lexington, Ky.

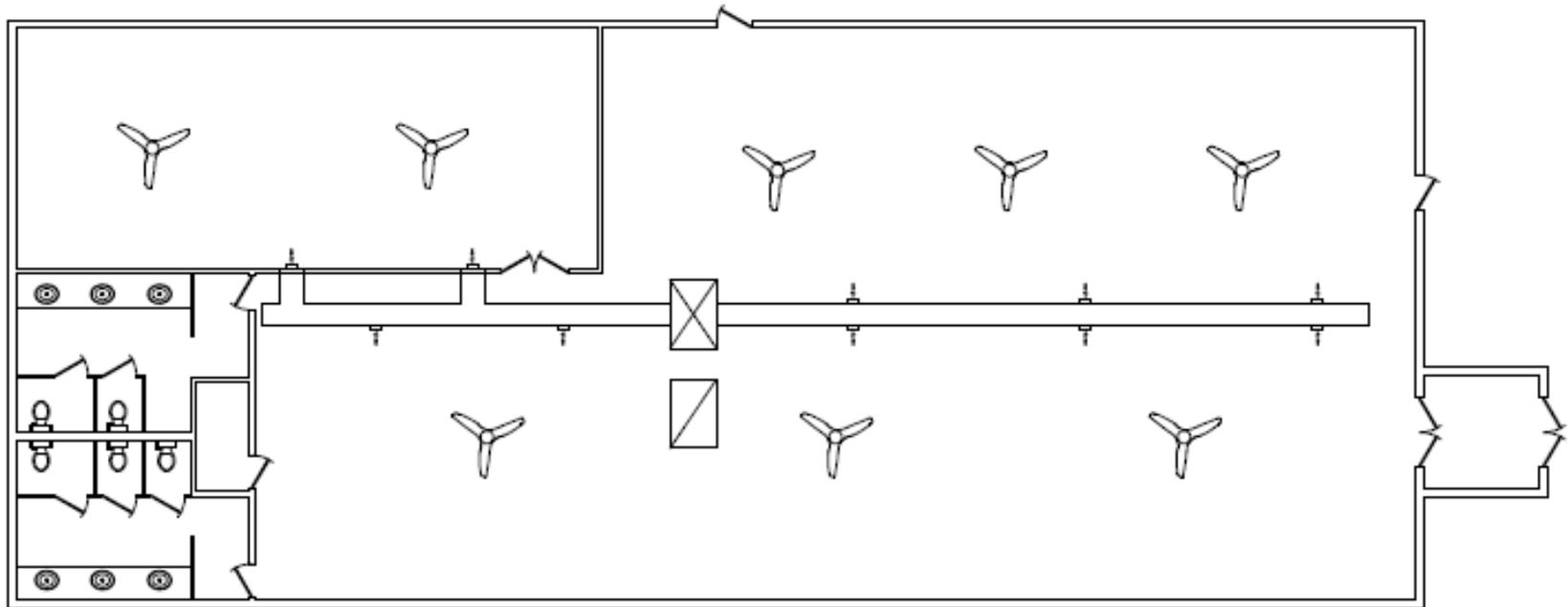


Setpoint: 74 F  
Feels Like: 74 F

Materials + Installation: \$2.61/sq ft

# Example: Office Space, Fans + A/C

6,000 sq ft, Lexington, Ky.



Setpoint: 78 F  
Feels Like: 74 F

Materials + Installation: \$2.32/sq ft

# Example: Office Space

	<b>Difference</b>
Materials + Install Cost	\$0.29/sq ft
A/C Electricity Consumption	24%
Annual Utilities Cost	10%

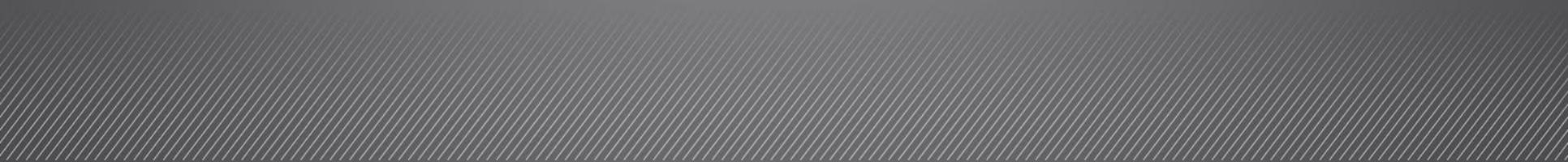
# Example: Office Space, A/C Only



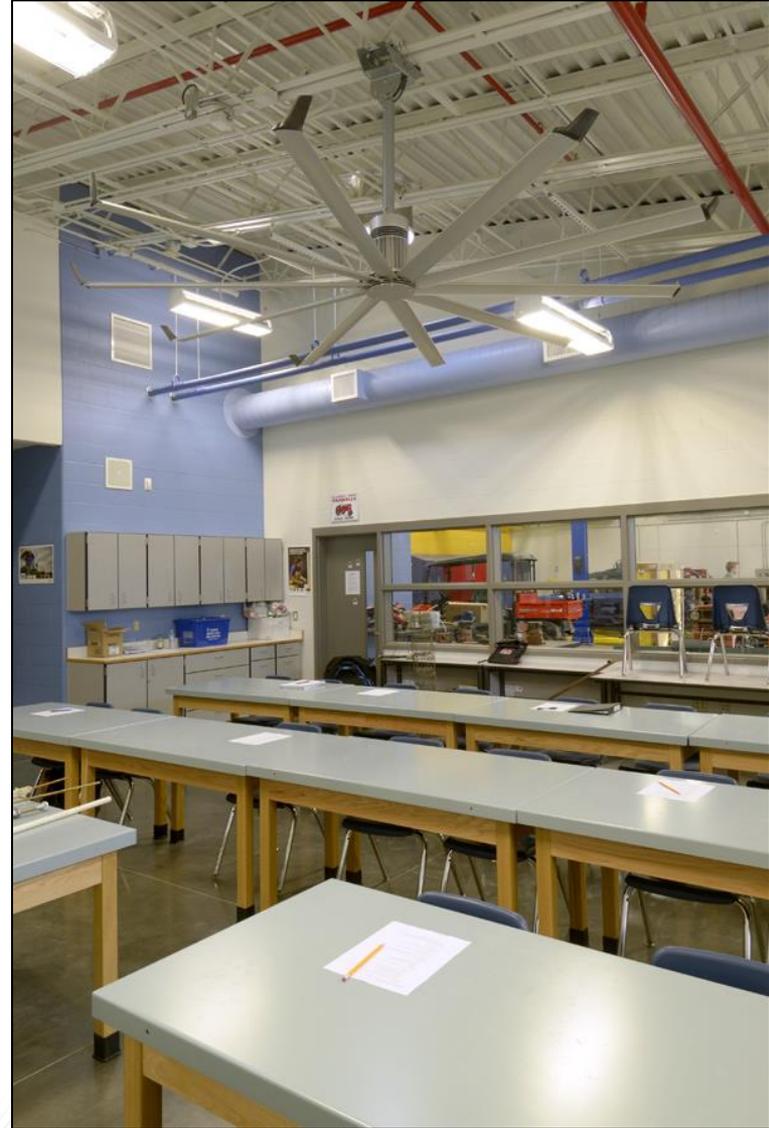
# Example: Office Space, Fans + A/C



# Application Examples

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# Locust Trace



# Locust Trace



# Oakland Unified School District



# Oakland Unified School District



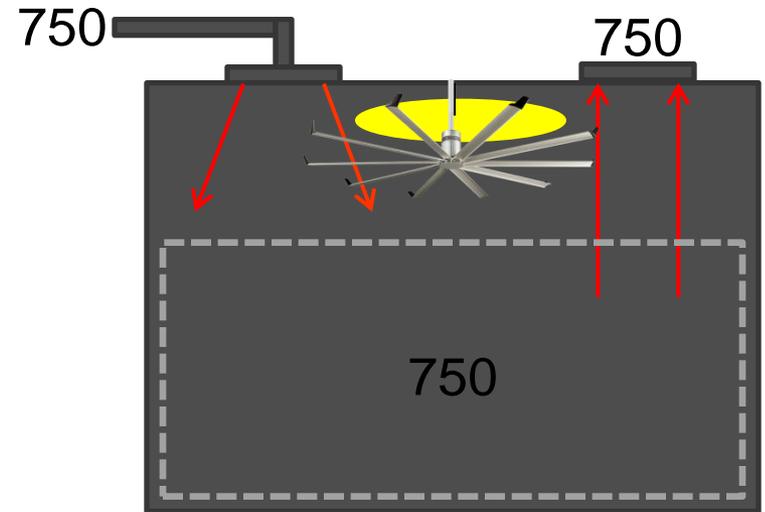
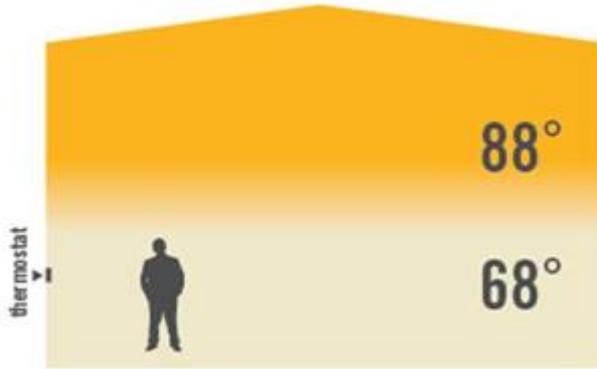
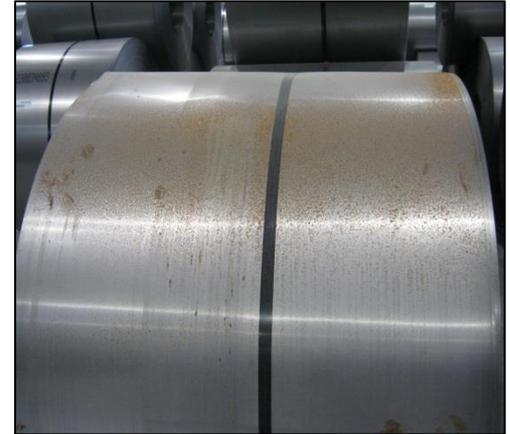
# Oakland Unified School District



# Ancillary Benefits of Elevated Air Speed

# Stratification in Heating Mode

- Condensation mitigation
- Destratification
- Improved IAQ



$$E_z = 1.0$$

# Summary

- Thermal Comfort
- Heat Transfer
- Fans + A/C Equal Comfort
- Elevated Air Speed:  
Ancillary Benefits



# Questions?

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877-BIG-FANS